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Artwork throughout this report was created by young people engaged with YSAS services and has been reproduced with their permission. Illustrations represent their achievements whilst engaged with YSAS.

WWW.YSAS.ORG.AU

YSAS Pty Ltd
ABN 51 080 593 380

OUR YOUNG PEOPLE

Our young people have many strengths but their lives are affected by serious disadvantage.

OUR VISION

A community where all young people are valued, included and have every opportunity to thrive.

OUR PURPOSE

To enable young people experiencing serious disadvantage to access the resources and support they require to lead healthy and fulfilling lives.

OUR VALUES

Acceptance: We accept and value the diversity of people, cultures and life experiences.

Respect: We respect the rights of others and treat others as we would like to be treated.

Honesty: We are impartial and authentic in our practice and in how we relate to colleagues within and outside of our organisation.

Empowerment: We create a positive environment for staff and young people to make valuable contributions.

OUR BELIEFS

Young people are not mini adults or children. They are developing and every experience matters

Health is a complete state of physical, mental and social well-being, and not merely the absence of disease or infirmity (World Health Organisation)

With opportunity, every young person can improve their health and make a valuable contribution to community life

Social justice and health are inextricably linked

To be inclusive of our young people we must embrace complexity and take risks that we can defend

Our success is measured by health improved or maintained and harm reduced

4,186

EPISODES OF CARE THROUGH OUR ALCOHOL AND DRUG TREATMENT SERVICES



THE CREW ESTABLISHED IN FEBRUARY - YSAS YOUTH ADVISORY & ACTION COMMITTEE AND FACEBOOK GROUP WITH 38 MEMBERS ALREADY

6,110

AUSTRALIANS TOOK A PAUSE FROM ALCOHOL, SUGAR, JUNK FOOD, SMOKING OR SOCIAL MEDIA FOR 28 DAYS TO RAISE FUNDS AND AWARENESS FOR YOUTH ADDICTION



BUNJILWARRA, A DRUG AND ALCOHOL REHABILITATION AND HEALING CENTRE FOR KOORIE YOUTH FROM AROUND VICTORIA, OPENED IN AUGUST 2014

2,814

RIDERS PARTICIPATED IN AUSTRALIA'S FIRST MASS PARTICIPATION NIGHT-TIME BIKE RIDE HELPING BREAK THE CYCLE OF ADDICTION

10,407

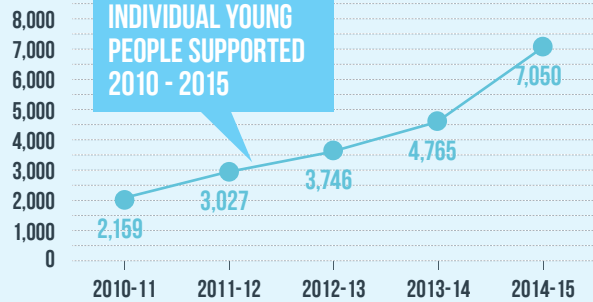
NEEDLES & SYRINGES GIVEN OUT FROM ABBOTSFORD NEEDLE SYRINGE PROGRAM - 3,278 MORE THAN LAST YEAR

OUT OF HOME CARE TOOLBOX

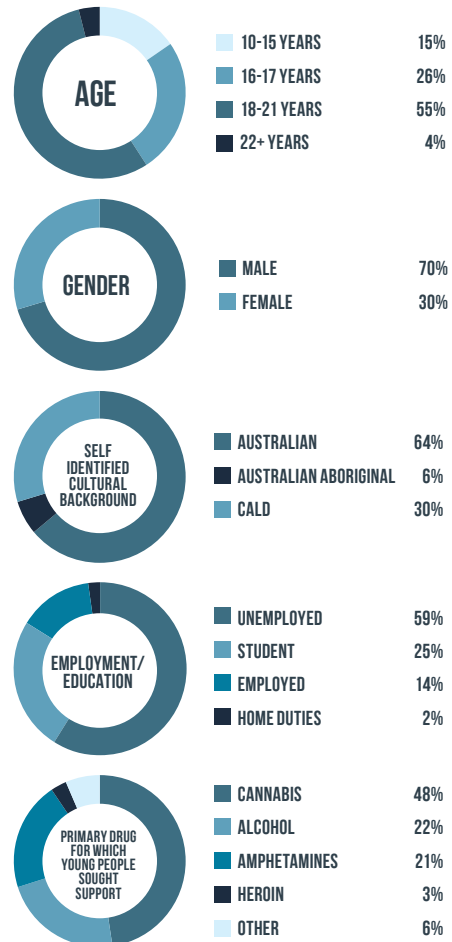
THE OOHCTOOLBOX CREATED FOR RESIDENTIAL CARE WORKERS AND FOSTER CARERS

60

YOUNG PEOPLE FROM YSAS SITES ACROSS VICTORIA HAVE PARTICIPATED IN THE WAYS + MEANS CAFÉ PROGRAM



EPISODES OF CARE PROVIDED THROUGH YSAS AOD TREATMENT PROGRAMS 2014 - 2015



CHAIR/CEO REPORT



ANDREW BRUUN
Acting CEO

ANNE WINSTANLEY
Acting Chair

We are both delighted to introduce the YSAS 2014 - 2015 Annual Report.

This report highlights many of our achievements and records the changes that we have made as YSAS continues to evolve. We thank our collaborators and the funders who support us to enable young people and families to face and overcome adversity.

We honour the people who come together to create YSAS and carry our tradition forward. Every day our workers witness the pernicious impact of poverty, trauma and serious disadvantage on the lives of young people. Board members, managers, finance and business operations staff, researchers, project workers, our Human Resources team and our fundraisers – all are united in supporting our frontline workers and ensuring that young people have resources they need to cope and thrive. We also benefit from cooperating with and supporting other organisations and individuals who are committed to the same endeavour.

It has been a momentous year. We farewelled both our long-standing Chairperson and our CEO, Paul Bird, who in a relatively short time made a big impact. We also welcomed six new Board members as representatives of our three shareholder organisations. Those Board members, from The Royal Children's Hospital, Jesuit Social Services and St Vincent's Hospital Melbourne, have brought additional skills and experience to the YSAS Board.

We thank Professor John Catford, our recently departed Board Chair, for his skilful leadership and commitment to excellence. After nine years, his planned departure in May has been a sad loss but his legacy is to leave a mature and reputable organisation that can look to the future with confidence. We also thank David Gelbak, who left the Board in March after four years of service. David was instrumental in establishing febfast within YSAS, and assisted greatly in the development of Ride the Night, our exciting new fundraising campaign.

In 2014 – 2015, YSAS continued to grow, diversify and develop important new partnerships. Together with Caraniche and St Vincent's Hospital we operate the Youth Health and Rehabilitation Service (YHaRS) for young people in custody and secure welfare. In partnership with the Victorian Aboriginal Health Service (VAHS) we run Bunjilwarra, providing residential rehabilitation for Aboriginal young people with AOD problems. We partner with Connections UnitingCare in leading the Southern Melbourne Services Connect partnership, and with the Alfred Hospital we have integrated an early psychosis intervention program into our headspace centre in Frankston. We also established YoDAA (Youth Drug and Alcohol Advice Service) and the Ways & Means social enterprise café – both bold ventures. YoDAA is now an integral part of the youth AOD service system and Ways & Means is beginning to return dividends for young people seeking to develop the capacity to find meaningful employment.

YSAS now has a great opportunity to consolidate and focus on excellence in delivery. It is also incumbent on us to continue developing and sharing our expertise. To this end, YSAS has established the Centre for Youth AOD Practice Development, and we benefit greatly from our partnership with Deakin University.

Finally, we make special mention of The CREW. These are young people who are dedicated to making YSAS a better organisation and to improving the prospects of service connected young people. We look forward to being guided by The CREW, and all other young people participating in advisory groups across YSAS.

The future is bright.

STRATEGIC PLAN 2015-2018

PUTTING YOUNG PEOPLE FIRST

OUR PRIORITIES

- Young People will be central to setting the direction for YSAS
- To build a skilled team, united by our purpose and vision
- To respond to emerging need and alleviate disadvantage
- To cultivate partnerships that improve outcomes for Young People
- To demonstrate leadership in developing and sharing our expertise
- To protect Young People's rights and accurately represent their needs

OUR FOUNDATIONS

- Transparency, efficiency and accountability
- Financial sustainability, strong governance and community support



THE CREW ANNUAL REPORT

The CREW is about accepting who you are, sharing your experience and wisdom, and finding and creating pathways for young people to participate in all areas of decision making.

The CREW is a way of bringing many young people's voices together to advocate for change. We come together, vote for big decisions, and make sub-committees or 'taskforce groups' based on people's passions and interests. We'll post and discuss the issues as they arise, on The

CREW private Facebook, figure out a way we can get together and work on making ideas a reality or making a change.

We maintain flexibility and convenience with meeting times and venues - being in different environments or creative areas sparks intuitive, spatial and abstract thinking and questioning.

We hope to inspire other young people to get involved!

"I'VE MADE A LOT OF FRIENDSHIPS WITH LIKEMINDED AND OPEN MINDED PEOPLE FROM THE CREW. IT GIVES YOU A SENSE OF SELF-WORTH, AND I'VE GAINED A LOT OF CONFIDENCE (FOR WORKING WITH YOUNG PEOPLE)"



YOUTH PARTICIPATION @ YSAS

2013

- Youth Participation Standing Work Group established
- YSAS Youth Participation Framework developed
- Drop Boxes rolled out at each YSAS site – feedback mechanism for young people
- First annual youth participation audit conducted

2014

Six monthly Facilitated Youth Consultation Sessions introduced – FYCS #2 report to inform YSAS strategic direction 2015-2018

2015

- The CREW established in February - YSAS Youth Advisory & Action Committee and Facebook group (38 members) – fortnightly meetings
- Taskforces set up – meeting as often as needed:
 - Educate - presented at 2 staff Induction Days - attended 2 youth festivals
 - Sew the Seed - assisted with Abbotsford garden beds
 - 2Fast 2 CREWious - checked out purchase of a van to take CREW meetings to all YSAS sites and attend state-wide events
 - S.A.M - started planning for development of The CREW mentor program
 - ReCREWvenation Day – planned and conducted – recruitment drive and reflection.

YOUTH PARTICIPATION AT HEADSPACE FRANKSTON AND COLLINGWOOD HAS BEEN HAPPENING FOR A LONG TIME - SOME INCREDIBLE THINGS HAVE BEEN DONE THIS YEAR:

HEADSPACE FRANKSTON

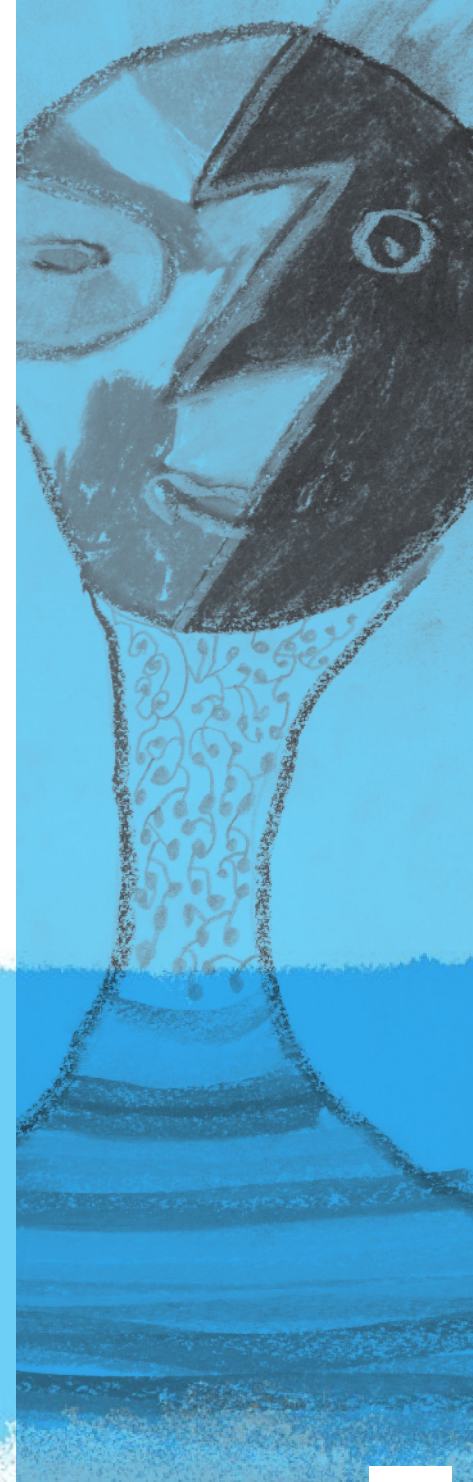
- Youth Reference Group (YRG) meetings weekly and training
- Weekly Peninsula Pride meetings
- Fortnightly Koorie group meetings
- Youth reps on Executive/consortium advisory group (top level decision making)
- Young people on staff interview panels
- YRG and clients consulted about building renovations
- Youth reps involved in development of the new early psychosis program - hYEPP services for SE Melbourne
- Water to Water Festival
- Frankston Waterfront Festival - youth stage: a local youth participation partnership
- Seaswell Peninsula Charity Walk (major fundraiser)
- International Day Against Homophobia & Transphobia
- 4KBK art auction/fundraiser at Cube37
- Co-presented at headspace National Conference about Peninsula Pride, and Gender Query Group (support group for trans young people)
- School and community talks/presentations
- Participant feedback informed redevelopment of Mindful Parenting Program
- Client satisfaction rating - high results - reflects headspace national average

HEADSPACE COLLINGWOOD

- Induction for all Youth Advisory Committee (YAC) members
- Zest Fest - Mental Health Week 2014
- Youth Mental Health First Aid Training
- Outdoor design project
- Austin school talks
- Peer support for summer holiday activities
- Hope Mural
- Youth Week 2015 strengths tree
- Revamp Project - YAC led initiative to revamp headspace clinical facilities
- Youth Advocacy training supporting YAC to audit hsC Youth Participation

“ALWAYS THOUGHT THAT I COULD IMPROVE A YOUTH SERVICE WITH SOME OF MY IDEAS”

“WHEN YOU SEE PEOPLE USING SERVICES AND DOING WELL, THAT MAKES YOU WANT TO USE THOSE SERVICES.”



2014 – 2015 HIGHLIGHTS

THE EMERGING COMMUNITIES PROJECT

The Emerging Communities Project provides support to African born young people, particularly those with refugee backgrounds who live in the Western suburbs and are experiencing high levels of alcohol and other drug misuse.

With the support of febfast funding, YSAS employs one staff member to work primarily with this group of young people who present with a range of issues including trauma experiences from their country of origin, physical and mental health problems, disconnection from their communities, contact with the criminal justice system, homelessness, unemployment and family violence. An emerging cohort within this community is young women with children.

ONE COMMUNITY PROJECT

Based in the City of Greater Dandenong, One Community offers a range of activities to enhance meaningful community participation of families and young people from new, emerging and existing communities who are at risk of social and economic isolation due to a number of complex barriers.

One Community provides a safe platform for young people to socialise and harmonise, address their immediate health and social support needs, identify key areas of advocacy and express their strengths and passions. Additionally, the One Community project aims to create a greater community appreciation for the many positive contributions these young people can make to a rich and diverse society in their local community.

PENINSULA PRIDE

Peninsula Pride is a LGBTIQ program led by headspace Frankston, and funded by the Department of Health and Human Services as part of the Healthy Equal Youth (HEY) Project.

Due to homophobia and transphobia, LGBTIQ young people experience significantly higher rates of anxiety, depression, self-harm and suicide than their heterosexual peers. Often at the heart of these mental health issues lies a sense of isolation.

Weekly drop-in groups across the Peninsula provide young people with safe havens to connect with their peers, a sense of belonging and social relationships.

Pen Pride is currently launching the People Project, a short film to be toured across secondary schools.

www.peopleproject.org.au

MENTAL HEALTH / AOD NURSE PRACTITIONER

In 2014, YSAS received a grant to develop a youth focused Mental Health/ AOD Outreach Nurse Practitioner model through the Department of Health Nurse Practitioner Project Phase 4. In 2015, YSAS fully endorsed and supported the establishment of this position within our Bendigo Team.

The Youth Mental Health/ AOD Nurse Practitioner provides young people access to primary and mental health assessment, treatment planning - including pharmacotherapy - and referrals to specialists.

An outreach model of care is currently delivered in the City of Greater Bendigo, Kyneton, Castlemaine and Maryborough, and works within the admissions team at YSAS Fitzroy Residential Withdrawal Program.



...A path to a better future.



HYEPP FOR FRANKSTON

In 2014, headspace Frankston was named as a headspace Youth Early Psychosis Project (hYEPP) site.

This exciting new project, based on a hub and spoke model, is managed by The Alfred Hospital, with headspace Elsternwick as the hub site and headspace Frankston one of several spoke sites.

Ten new staff (including clinicians, a psychiatrist and administration) provide outreach, services and care for young people from the Frankston and Mornington Peninsula area who are experiencing symptoms of early psychosis.

headspace National provided funding to redevelop our site to accommodate the expansion.

MOVING 4 MOOD — HEADSPACE COLLINGWOOD

In 2014, headspace Collingwood completed a clinical trial of 'Moving 4 Mood', which evaluated the effectiveness of physical activity intervention in reducing depression and increasing engagement in fitness activities in young people aged 12 – 25.

The success of this trial has resulted in headspace centres across the country including the 'Moving 4 Mood' project as part of their services, and the program will be presented at the International Youth Mental Health Conference in Montreal in October 2015.

*Ms ally helps me with what I need
and Mrs year they help me with my
immigration and - booked my Learner Permit
test and am grateful for that experience
and everytime I step into ysas I feel safe*

LEARN ENGAGE CONNECT

Learn, Engage, Connect is a community program that blends education, parenting, and facilitated playgroups enabling young parents to re-engage in education without having to put their children in childcare. Young parents are taught hands-on parenting skills, positive role modelling and have the opportunity to earn a secondary school certificate through the Victorian Certificate of Applied Learning (VCAL) ... all while their children are with them in the classroom.

The program is flexible and responsive to needs of young parents - speakers, presentations, excursions, events and activities are a regular part of the service - aiming to ensure that participants have opportunities to develop connectedness, confidence, peer support and a sense of belonging within the community.

MUMS AND BUBS RESIDENTIAL WITHDRAWAL

YSAS's three residential withdrawal units provide medically supervised withdrawal and respite in safe, youth friendly residential settings where the focus is on improving physical and emotional health, learning harm reduction strategies, and developing individual plans for the future working on physical, psychological and emotional health.

Tailored programs meet individual needs of young people from diverse communities (GLBTQI, Culturally and Linguistically Diverse, Indigenous).

This year we introduced the 'Mums & Bubs' program specifically designed for young mothers to undertake withdrawal while supporting their children. They have an opportunity to work on their parenting skills within a supportive, drug free space.



BUNJILWARRA KOORIE YOUTH HEALING SERVICE

Bunjilwarra, created in partnership with the Victorian Aboriginal Health Service (VAHS), opened in August 2014 and is a drug and alcohol rehabilitation and healing centre for Koorie youth from around Victoria. The program aims to build a sense of cultural identity and self-pride in young indigenous people, offering 'art and cultural therapy' as an integral part of the healing process. Indigenous culture and perspectives underpin the ethos of the program, which emphasises close relationships with the community and links young people with Elders from country Victoria and from metropolitan Melbourne. Connections with ancillary local Koorie organisations enable young people to meet other indigenous people in the region, strengthening their cultural, emotional and spiritual wellbeing.

WAYS & MEANS CAFÉ

Ways & Means is YSAS's social enterprise café providing vulnerable young people the opportunity to learn and develop new skills, gain self-confidence within a supportive work environment, and improve their chances of finding sustainable employment. Since the café opened in 2014, 60 young people from YSAS sites across Victoria have participated in the program, and 25 of those young people have now either obtained employment or are work ready. Beyond building hospitality skills and resources, working at the café offers young people a variety of benefits, including reducing social anxiety, increasing literacy and math proficiency and emotional regulation strategies.

NORTH AND WEST METROPOLITAN REGION OUT OF HOME CARE (OOHC) PROJECT

YSAS plays an active role as a key stakeholder in the OOHC Project which works towards improving priority access to mental health and alcohol and drug (AOD) services for young people in residential care in North and West Metropolitan Melbourne.

The multidisciplinary OOHC Community of Practice (CoP) is a key project activity aiming to build capacity, knowledge and relationships between relevant service providers, and improve levels of collaboration and service coordination. The CoP highlights ongoing challenges to supporting young people in residential care who have mental health and AOD concerns, such as young person engagement, lack of collaboration between services, and gaps in assertive outreach services.

OUT OF HOME CARE (OOHC) TOOLBOX

With support from the Sidney Myer Fund, the Centre for Youth AOD Practice Development at YSAS has created a resource for Residential Care Workers and Foster Carers. The OoHC Toolbox contains information and guidance on responding to common issues faced by the young people in OoHC, including substance use, self-injury, sexualised behaviours and mental health concerns.

The content is developed from the evidence-base of the Youth AOD Toolbox, and has been adapted to be more casual and in plain English.

Feedback received has been very positive, with both foster carers and residential workers grateful to have access to clear and evidence-informed information, written in an accessible style.

www.oohctoolbox.org.au



SERVICES CONNECT

Services Connect is a new inter-agency program testing new ways of integrating service delivery. Funded by the Department of Health and Human Services, there are eight partnerships in Victoria. YSAS has partnerships in the North East, Brimbank Melton, Barwon and Southern Melbourne.

The Southern Melbourne partnership, co-led with Connections Uniting Care, is a unique, decentralised model that sees personnel work with Services Connect while remaining within their home agencies. This has led to the creation of a 'virtual' team, where staff work together daily in a virtual world.

Fundamentally, Services Connect's innovative, person centred empowerment model enables people in a way that prioritises their goals, leading to lasting, meaningful change.

FRANKSTON AND MORNINGTON PENINSULA - NO WRONG DOOR

The No Wrong Door project is a service and school partnership initiative that is being chaired by headspace Frankston. This project enables young people to more easily navigate the service system and is based on the premise that every door should be the right door.

A charter of seven practice principles was developed to establish a shared practice culture between services and schools to promote better coordination and decrease the risk of vulnerable young people falling through the gaps. Participating organisations have committed to actively engaging young people, ensuring that each young person receives appropriate and adequate support for their needs, regardless of whatever door or service they walk through.

THE AOD HOTSPOTS PROJECT

The AOD Hotspots Project is a multi-sectoral partnership project aimed at reducing drug related harms. It encompasses two priority projects.

The Night Time Economy project investigates how a strength-based approach can be used to reduce harm through improving social connectedness. The AOD Hotspots Team is producing a tool kit designed to empower local governments to increase activity and social connectedness in public places at night.

The Changing Trends project partners with six metropolitan local governments to give stakeholders an understanding of what the major drug related issues are. It seeks to identify changing drug patterns in each local government area.

ACCREDITATION

YSAS demonstrates commitment to continuous quality improvement through participation in multiple accreditation programs. In 2014, YSAS was re-accredited against the Quality Improvement Council (QIC) Health & Community Services Standards, its Department of Human Service funded programs received accreditation against the DHS Standards, and headspace Frankston's primary health clinic received Royal Australian College of General Practice (RACGP) Standards accreditation.

Strengths identified by the accreditation reviewers include:

- Seamless client access through the availability of a suite of services
- Co-location decisions that support provision of holistic, person centred services
- Innovative approaches to engaging young people, including canine therapy at headspace Collingwood
- YSAS staff commitment and passion to young people.



IT ALL AMOUNTS TO SOMETHING

A point in time on the verge of developing dementia by 22... Acquired brain injury from early onset alcohol abuse at 10yo... By 13yo no relief just headaches from this substance, leading onto a path of alternatives - ecstasy abuse, ice, inhalants, bugger uppers and dinkum downers then the marijuana. Trauma at birth followed by childhood physical, sexual, mental and spiritual accumulative trauma, insomnia, various chronic pain, injuries and depression. Trouble socialising and not getting out of bed - a skill indeed... adaptive we are, qualities unique to us all within. Avoidance, suppression, neglect and pushing through to be something, be someone who isn't in pain and getting rid of stresses, friends, and family to have some sort of relief was inevitably doomed. The trickster tells you otherwise though... Rejection and suppression of underlying causes and emotions is not releasing them. Undoubtedly those things will manifest and at what cost? A burden, always waiting, like anything that is pushed down must come up. I made a choice at 17 to open or suppress, and between trusting in right now in this moment or getting swept away by the pains of the past and the peril and paranoia of the future. YSAS brought about a safety unfamiliar to me - through outreach workers, detoxes, rehabs, day programs, supported housing for 12 months - a place to begin, crucially assisting in the journey of revealing and doing what was necessary to heal... to let go and just be. YSAS prepared me also for more injustices ... Nearly being beaten to death by Police and all the surgeries that followed, related and unrelated torturous kidney surgeries. Unrelenting pain... and then through the system ... YSAS was not equipped at their rehab' to deal with the medical side of things, so I was rejected from there. Also, false hope to receive private assistance from Centerlink and the medical system. Many broken promises, simultaneously going through the court systems for something I didn't do. No matter how much medication of any size or sort of the immensity of pain went on for years. Between 18-20 suicide seemed appealing, the momentous and daunting reality of every shade of pain. Fortunate from when I was 16 on my own and with YSAS and the very necessary access to psychological support - well over ten visits luckily - prepared me ... instilling what I enjoyed and needed. The Thai forest Buddhist principles and approach towards life, infused with Neural Plasticity and getting in touch with my grandfather's Native Indian Apache Jicarilla and Navajo roots. One of an opening and trust in something behind your thinking

that is calm, still and knows. That changing nature ... not identifying so strongly with things ... then your tendencies, inclinations, pathways point towards whatever can find harmony. As it isn't so stuck, and it provides space to re-configure your past habits into ones that are skilful and wholesome, a commonality and predicament we all share. Increasing the probability of this in each other by leading by example - like YSAS does ... to put yourself in a position that you're not just merely surviving you're transpiring and creating within - something that radiates naturally and out. Self-absorption is taught and harmful behaviour done both to ourselves by ourselves and by others, is just like for all of us - an attempt to do our best with what we know to survive and adapt to live in less pain. Providing options in the cloud of haze we all experience, opportunities and decent role models YSAS has done and well beyond ... Reiterating, slowly those new tracks in your clouds, so the pilot being you, can smoothly glide over the horizon. Those storms you passed, the sacrifices, the loneliness, pain and tears are beyond worthwhile to go through to see, soak in and feel what is to come. Inclining inwards and experiencing it for yourself - to truly taste the altitudes, heights and scenes for yourself. Then you will know... a purpose and something to live for is always there. As humans we should not condemn, demonise and punish the perceived wrong doers. Always question, develop a reflective and reflexive quality. Then unhelpful labelling or categorising such as 'criminal or addict' will no longer have its hold... people are hurt, missing the heart right from the start. To resolve a human problem, acting more human perhaps might help. YSAS didn't add coal to a train that wasn't sure where it was going, proverbial fuel to the fire or superficial band aid appliers. They stopped the train, let it cool down, did some repairs and redirected it. Avoiding the upcoming bridge I was burning ... the burgeoning fire inside was blinding. Most people would have thought I'd be dead or mired in opiates and other drugs. The tracks do in fact change, for everyone can now enjoy the ride. All of it amounted to not being able to even recognise myself, speaking without notes at the YSAS AOD summit last year. But I'm here today with all the small and large things in-between: involvement with Berry Street and Collingwood Knights Reclink the past 3 years; this year in a youth participation role with YSAS CREW and headspace Collingwood YAC; workshops with Vichealth on building resilience and CSIRO on well-being and mental health; speaking to people in parliament to influence change in the least harmful way. Taiji training with Heaven Man Earth cultivating the mind and the heart in releasing to open. In perspective, just getting up once a day was a big thing years ago, let alone having conversations with people. I felt and sounded completely inept. Learning not to identify so strongly with mental phenomena and conceptualising, to prevent the void and having to fill it, freed me up. A care naturally arises for your surroundings and environment. This I want you to hear, as an example and reminder of what we all as people, individually and together are capable of and here to do regardless of what we see, feel and hear. All of it amounts to something and those little things that bring joy and calm. The ethereal ether of a sun-struck silence.



FUNDRAISING CAMPAIGNS

FEBFAST

Back for its eighth year, febfast saw 6,110 Australians take a pause from alcohol, sugar, junk food, smoking or social media for 28 days to raise funds and awareness for youth addiction.

Raising an incredible \$883,676, this year febfast has helped fund new programs such as the Emerging Communities Program in Sunshine and the One Community Program in Dandenong, as well as continuing the operation of several others.

We'd like to say a huge thank you to each and every febfaster, corporate team and inspiring ambassador for the continued support.

We'd also like to give a special thanks to our sponsors and suppliers who made the campaign possible.

Head to www.febfast.org.au for more info and to register for 2016!

FEBFAST TOP TEN TEAMS

1. Lend Lease Urban Regeneration
2. Roadknight Roadies
3. Lend Lease Foundation
4. GE Capital
5. Slade Pharmacy
6. ASIC 2015 febfast challenge
7. Level 6
8. X-Pensive Winos
9. Shamrock Civil Engineering
10. Vision Exercise Physiology

RIDE THE NIGHT

This year we introduced an all-new fundraising campaign to the YSAS calendar, Ride the Night – Australia's first mass participation night-time bike ride. A partnership with Bicycle Network, Ride the Night saw 2,814 riders take to the streets of Melbourne, riding around the city's most iconic landmarks from midnight to sunrise, calling by entertainment stops along the way all to raise funds for disadvantaged youth.

Ride the Night raised just over \$88,000 for YSAS and will be back bigger and better in 2016 with double the rider spots in Melbourne and a launch in two new cities: Brisbane and Hobart.

A special thanks goes out to everyone involved for making the inaugural Ride the Night a huge success.

Visit www.ridethenight.org.au to find out more and join us in 2016!

MURRAY-TO-MOYNE

For the fifth year, a team of YSAS riders hit the road with Australian Catholic University to take part in the 500km Murray-to-Moyne Cycle Relay event raising over \$15,000 for YSAS's AOD Program in Sunshine.

A big thanks to everyone involved.

GIPPSLAND ROAD RUNNERS

Gippsland Road Runners (GRR), a local women's running club based in Trafalgar, united with YSAS Latrobe Valley to coordinate the 'Gippsland Fighting Ice Campaign'.

GRR has raised funds through a number of planned events during the year to support Gippslanders affected by the Ice epidemic, and to resource an additional YSAS Outreach Worker. GRR will continue their campaign in 2016.

THANK YOU

We would like to thank all our partners and supporters. Individuals, families, businesses, agencies and government alike, we are grateful to you all for helping seriously disadvantaged young people lead healthy and fulfilling lives.

GOVERNMENT

City of Banyule
City of Boroondara
City of Brimbank
City of Casey
City of Darebin
City of Greater Bendigo
City of Greater Dandenong
City of Greater Geelong
City of Frankston
City of Hume
City of Knox
City of Latrobe
City of Maribyrnong
City of Maroondah
City of Melbourne
City of Monash
City of Moreland
City of Whittlesea
City of Wyndham
City of Yarra
Cardinia Shire Council
Mornington Peninsula Shire
Nillumbik Shire
Shire of Yarra Ranges
Surfcoast Shire Council
Centrelink, Department of Human Services (Aust)
Department of Health & Ageing (Aust)
Department of Social Services (Aust)
Department of Education & Early Childhood Development (Vic)

Department of Education & Training (Vic):
- Student Support Services Leaders

Department of Health and Human Services (Vic):

- Child First
- Child Protection
- Youth Justice

Department of Justice & Regulation (Vic):
- Community Corrections

Office of Housing (Vic)

Office of Multicultural Affairs and Citizenship (Vic)

Commission for Children and Young People (Vic)

WE APPRECIATE THE SUPPORT OF:

A

Aboriginal Health Service
Australian Drug Foundation
Australian Community Support Organisation
Adolescence Violence in the Home Network
Adolescent Forensic Health Service
Adult Migrant Education/ Employment Services
AFL Sports Ready
African Communities Foundation Australia
Anglicare Victoria
ANZ Trustees (William Buckland Foundation)

Arbias

Australasian Therapeutic Communities Association

Austin CAMHS

Austin Health

Australian Catholic University

Australian Community Support Organisation (ACSO)

Australian Red Cross

B

Baker's Delight

Ballarat Community Health

Baluk Arts - Indigenous Artists of Mornington Peninsula

Banyule and Nilumbik

Back-up Partnership

Banyule Community Health Service

Barr Family Foundation

Barwon Child Youth & Family

Barwon Health Drug and Alcohol Service

Bendigo and District Aboriginal Cooperative

Bendigo Community Health Services

Bendigo Health Care Group

Bendigo Safer Community Forum

Bendigo Senior Secondary College

Bendigo TAFE

Berry Street

Bethany - Geelong and South West

Boroondara Community Health

Bouverie Centre
Brimbank Police Citizen
Youth Club
Brophy Family and
Youth Services
Brosnan Support
Services
Brotherhood of
St. Laurence
Building Stronger
Aboriginal Youth
Services
Bunnings
By Kids 4 Kids Team
Frankston

C

Camcare
CatholicCare
Caraniche
Centre for Adolescent
Health
Centre for Multicultural
Youth
Charcoal Lane
Hospitality Program
Child and Adolescent
Mental Health Service
Child and Family
Partnerships
Children's Protection
Society
Chisholm Institute
Dandenong
Chris Barrett
Foundation

CoHealth
Colac Area Health
Collingwood Football
Club and Foundation
Collingwood
Community School
Collingwood Vulnerable
Youth
Communities that Care
- Mornington Peninsula
Community Health
Outreach Program
Eastern Region
(CHOPER)

Complex Care Network
Connect Central
Connections
UnitingCare
Craig Community
Health Centre
Create Foundation
Create Youth - AMES
employment
CWA Mornington
Peninsula Group

D

Dandenong & District
Aboriginal Cooperative
Deakin Cats Community
Centre
Deakin University
DETOUR
Djerriwarrh Community
Health
Dual Diagnosis Portfolio
Holders Group

E

Eastcare
Eastern Access
Community Health
Eastern Health
Eastern Melbourne
PHN
Eating Disorders
Victoria
Eltham Leisure Centre
Ermha

F

Family Consultation
Partnership
Family Relationship
Services Reference
Group
Family Violence
Prevention Working
Group
Fitzroy Legal Service
Flemington Kensington
Community Legal
Centre
Frankston Mornington
Peninsula Primary Care
Partnership:
- Alliance Mental Health
- Alliance ATSI
Frankston Mornington
Peninsula Youth
Wellbeing Stakeholder
Advisory Group
Foodbank
Footpath Library
Frankston Arts Centre
Front Yard

Fusion Emergency
Accommodation
G
Gandel Philanthropy
Gateway Music Program
GE

Geelong Foundation
Geelong Youth AOD
Outreach Network
GEGGAC - Tanderra
Genesis Fitness Club -
Dandenong
Gippsland Alcohol and
Drug Service Providers
Association (GADSPA)
Gippsland Road
Runners
Glastonbury Child &
Family Services
Good Shepherd Youth
and Family Services
Grosvenor Foundation
Groupwork Institute
of Australia

H

H&L Hecht Trust
Hand Brake Turn
Harbison Design Group
Harm Reduction
Victoria
Hartwell Pharmacy
Hawthorn Pharmore
Pharmacy
Headspace National
Youth Mental
Foundation

Headspace:
- Ballarat
- Barwon
- Bendigo
- Dandenong
- Geelong
- Greensborough
- Knox
- Morwell
- Northern Melbourne
- Sunshine
- Werribee
Headspace Youth
Reference Group
Health Foundation
Health Works
Healthscope
High Risk Youth Panel
Hope Street Youth
Refuge
Hoyts Forest Hill

I

Ian Potter Foundation
IE Health (Inner East
Community Health)
Inner City Regional
Youth Affairs Network
(ICRYAN)
Inner East Primary
Care Partnership
Inner Eastern
Local Learning &
Employment Network
Inner Northern
Local Learning and
Employment Network
(INLLEN)

Inner South Community Health Centre
Innerspace
Intensive Case Management Service
Ivanhoe Girl's Grammar

J
Jesuit Social Services
Jigsaw - Barwon Health Jobco
John Orr & Son

K
K.Y.M.
Kardinia Health
Kensington Community School
Kids Under Cover
Kildonan Youth and Family Services

L
La Trobe University
Lake Tyers Health and Children's Services
Latrobe Community Health Service
Latrobe Regional Hospital Mental Health Service
Latrobe Youth Network
Launch Housing
Life Without Barriers
Lighthouse Foundation
Link Community Health
LINK Employment and Training

Lionel Hall Community School
Lion's Club Boroondara Creek
Living Music
Local Learning and Employment Network:
- Frankston Mornington Peninsula
- Maribyrnong & Moonee Valley
- South East
LongGully Neighbourhood Centre
Lullabelles

M
MacKillop Family Services
Magistrate's Court:
- Frankston
- Geelong
- Latrobe Valley
Melbourne Aboriginal Youth Sport and Recreation Co-operative
Medicare Local:
- Frankston-Mornington Peninsula
- Gippsland
- Southern Eastern
Melbourne City Mission
Melbourne Division of General Practice
Melbourne General Practice Network
Melbourne Pathology
Melbourne Polytechnic

Melbourne Primary Care Network
Melton Youth Advisory Committee
Mental Illness Fellowship
Mentis Assist (formerly PSS)
METRO Trains
MIND Australia
Mission Australia
MLA for Morwell
MOIRA
Monash Health Community
Monash Health - Early In Life Mental Health Services (ELMHS)
Monash Health - Southern Dual Diagnosis
Monash Link Community Health Service
Monash Medical Centre
Monash Youth and Family Services
Mornington Peninsula Youth Services (MPYS)
Murray Mallee General Practice Network (MMGPN)
N
NEAMI National Neighbourhood Justice Centre
Newton and Leung Pharmacy

Ngwala Willumbong Co-operative
Nillumbik Community Health Centre
Njernda Aboriginal Corporation
North Eltham Medical Centre
North Richmond Community Health
North West Youth Services Network
Northern Nexus Dual Diagnosis Service

O
Oakwood Career Pathways - Frankston
Oakwood School
Odyssey Eclipse Family Project
Odyssey House
Officeworks
Onwards Collingwood
Operation Newstart Northern
Orygen Youth Health
OzChild

P
Parkville College
Parkville Youth Residential Centre
Peninsula Carer Council
Peninsula Health
Peninsula Health - Mental Health, Child and Family, Drug and Alcohol Services

Peninsula Health - SHARPS (NSP)
Penington Institute
Primary Care Partnership
Pulse Pharmacy
Prahran Mission

R
R.E. Ross Trust
ReGen
Reclink
Resourcing Health & Education in the Sex Industry (RhED)
Rob Stary Lawyers
Sunshine
Rotary Club:
- Eltham
- Hastings
Royal Australian & New Zealand College of Psychiatrists (RANZCP)
Royal Children's Hospital
Royal District Nursing Service (RDNS)
Royal Women's Hospital
S
Safe Schools Coalition Victoria
Sale Hospital
Salvation Army
Salvo Care Eastern
Save the Children Australia

School Focused Youth Services:

- Frankston and Mornington Peninsula
- Boroondara
- Manningham

Schoolies Working Group

Select Medical Group

Shadows Boxing Gym

Sharks Basketball (Southern Peninsula)

Services Connect:

- Barwon
- Brimbank Melton
- North East
- South East Region

Sign for Work

Skills Plus

Smart Justice For Young People

Southern Migrant and Refugee Centre

Southern Crime Prevention Reference Group

Southern Directions Youth Services

Southern Health

Southern Health Early In Life Mental Health Service

Southern Melbourne Primary Health Network

Southern Peninsula Seawell

Springvale Community Aid and Advice Bureau

Springvale Monash Community Legal Service

Scope

St Kilda Gatehouse

St Kilda Youth Services

St Luke's Anglicare

St Vincent's Health

St Vincent's Hospital

Studio 13 Rye

Substance Use Recovery Eastern (SURE)

Sunshine Community Legal Centre

Sunshine Legal Service

Sunshine Youth Housing

Swanston Centre, Barwon Health

T

Tabor House - Uniting Care

Task Force

The Dandenong Journal

The Island Community School

The Jack Brockhoff Foundation

The Pavillion School

The Perpetual Foundation

The Queen Elizabeth Centre

The United Pacifica Council of Victoria (UPCOV)

Thompson's Pharmacy

Tranmere Street Youth Refuge

Turning Point

U

Uniting Care Harrison

V

Victorian Aboriginal Child Care Agency

Victorian Aboriginal Health Service

Victoria Legal Aid

Victoria Police

Vincentcare

W

Wathaurong Aboriginal Co-operative

WAYSS

WCIG Employment Services

Wellington Youth Network

Wesley Mission

Wesley Youth Services

Western Suburbs Indigenous Gathering Place Association

Westgate Community Initiatives Group

Whitelion

Whitelion (Bunji Bunji)

Whittlesea Youth Commitment

Willum Warrain Aboriginal Association

Windana

Windermere

Wintringham

Wombat Housing

Women's Health West

WRAD, Western Region Alcohol & Drug Centre

Wyndham City Youth Resource Centre

Wyndam Youth Services

Wyndham City Council Q-Program

Wyndham Community and Education Centre

Wyndham Youth Resource Centre

Y

Yarra Blue Light

Yarra Boroondara Primary Mental Health Service

Yarra Boroondara Community Health Service

Yarra Communities That Care

Yarra Council Family Services, Youth Service, and CAMHS

Yarra Drug and Health Forum

Yarra Education Youth Commitment (YEYC)

Yarra Housing Service

Yarra In Your Patch

Yarra Youth Providers Forum

Yarra Youth Services

Yea High School

YMCA:

- Ashburton Pool and Recreation Centre
- Bridge Project
- Casey
- Northcote

Young People's Health Service

Youth Brief Intervention Service (YBIS) - Austin CAMHS

Youth Coordination Group

Youth Junction

Youth Law

Youth Partnerships

Youth Projects

YouthNow

YPARC

AUDITOR'S REPORT



Independent auditor's report to the members of YSAS Pty Ltd

Report on the financial report

We have audited the accompanying financial report of YSAS Pty Ltd (the Company), which comprises the statement of financial position as at 30 June 2015, and the statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year ended on that date, notes 1 to 19 comprising a summary of significant accounting policies and other explanatory information, and the directors' declaration.

Directors' responsibility for the financial report

The directors of the company are responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards – Reduced Disclosure Requirements and the *Corporations Act 2001* and for such internal control as the directors determine is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.

Auditor's responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation of the financial report that gives a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the directors, as well as evaluating the overall presentation of the financial report.

We performed the procedures to assess whether in all material respects the financial report presents fairly, in accordance with the *Corporations Act 2001* and Australian Accounting Standards – Reduced Disclosure Requirements, a true and fair view which is consistent with our understanding of the Company's financial position and of its performance.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

In conducting our audit, we have complied with the independence requirements of the *Corporations Act 2001*.

Auditor's opinion

In our opinion the financial report of YSAS Pty Ltd is in accordance with the *Corporations Act 2001*, including:

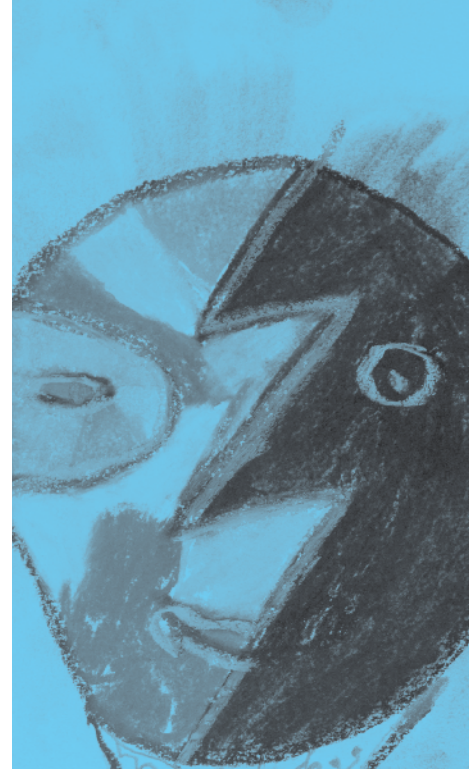
- (a) giving a true and fair view of the Company's financial position as at 30 June 2015 and of its performance for the year ended on that date; and
- (b) complying with Australian Accounting Standards – Reduced Disclosure Requirements and the *Corporations Regulations 2001*.

KPMG

Darren Scammell
Partner

Melbourne

27 October 2015



MIRROR, MIRROR
WHO'S THE
ALL?

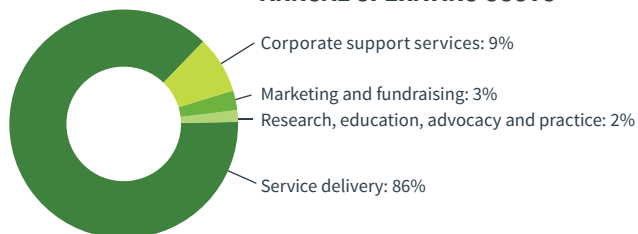


FINANCIAL STATEMENTS

STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2015

	Note	2015 Company \$	2014 Company \$
Revenue and other income	5	30,102,258	24,033,821
Employee benefits expense		(17,600,363)	(15,259,531)
Motor vehicle expense		(491,084)	(522,684)
Property expense		(1,419,810)	(1,360,090)
Service delivery expense		(7,554,381)	(3,778,817)
Depreciation and amortisation expense	10	(1,185,573)	(1,267,502)
Other expenses		(1,754,268)	(1,507,644)
Finance costs		(574)	(31,698)
Profit / (loss) before income tax expense		96,205	305,855
Income tax expense	3 ^b	-	-
Profit / (loss) for the year attributable to members of the company		96,205	305,855
Other comprehensive income for the year, net of tax		-	-
Total comprehensive income/(loss) attributable to members of the company		96,205	305,855
Profit / (loss) for the year attributable to operating		530,748	764,256
Profit / (loss) for the year attributable to capital		(434,543)	(458,401)
Total comprehensive income/(loss) attributable to members of the company		96,205	305,855

ANNUAL OPERATING COSTS



STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2015

	Note	2015 Company \$	2014 Company \$
Current assets			
Cash and cash equivalents	7	5,935,832	5,067,194
Trade and other receivables	8	1,334,658	918,776
Other current assets	9	348,775	270,091
Total current assets		7,619,265	6,256,061
Non-current assets			
Property, plant, equipment and intangibles	10	2,046,844	2,233,309
Total non-current assets		2,046,844	2,233,309
Total assets		9,666,109	8,489,370
Current liabilities			
Trade and other payables	11	2,104,091	1,802,794
Short-term provisions	12	1,074,316	971,968
Other current liabilities	13	2,549,458	1,876,474
Total current liabilities		5,727,865	4,651,236
Non-current liabilities			
Long-term provisions	12	805,638	801,733
Total non-current liabilities		805,638	801,733
Total liabilities		6,533,503	5,452,969
Net assets		3,132,606	3,036,401
Equity			
Issued Capital	14	4	4
Other Contributed Equity		-	-
Retained earnings		3,132,602	3,036,397
Total equity		3,132,606	3,036,401





GETTING HELP

Visit www.yodaa.org.au or phone YoDAA on 1800 458 685 (toll free). YoDAA is Victoria's Youth Drug and Alcohol Advice Service. Whether you are a young person, a youth worker or someone concerned, YoDAA provides the simplest way to access the information and support you need 24 hours a day.

VOLUNTEER WITH US: DONATE YOUR TIME & EXPERTISE

Collaborative effort maximises the impact of finite resources, so YSAS welcomes your corporate and individual support. If you'd like to support our work through volunteering time and expertise, chat to us on (03) 9415 8881 to find out the ways in which you can get involved.



GRAB A BITE

Experience great coffee and fresh local produce at Ways + Means, our CBD café with a conscience where every purchase makes a difference.

Ways & Means
18 Little Lonsdale Street,
Melbourne, VIC

(03) 9639 8777
hello@waysandmeans.org.au
www.waysandmeans.org.au

DONATE TO YSAS

Help change a young person's life by donating money or goods to YSAS, or by linking YSAS to your organisation's corporate social responsibility initiatives. Give us a call to talk about our programs and how to donate, or simply make a donation online at www.ysas.org.au, over the phone on (03) 9415 8881 or by email at donations@ysas.org.au. Donations over \$2.00 are tax deductible. No matter your capacity to help, we'd love to hear from you.



RIDE THE NIGHT

Join thousands of riders on January 30th 2016 in Australia's biggest night time bike ride event in Melbourne, Brisbane or Hobart and help us break the cycle of disadvantage. One night, two wheels, three cities. Where will you Ride the Night?

Register now:
www.ridethenight.org.au

STAY CONNECTED

Keep up to date with the great work of YSAS, special events, news, launches and programs by joining our online community.



TAKE A PAUSE FOR A CAUSE

This February, join thousands of Australians in taking a pause from alcohol or sugar to take part in YSAS's flagship fundraiser, febfast. Funds raised support young people experiencing serious disadvantage, most specifically those affected by alcohol or drug misuse.

Sign up now:
www.febfast.org.au



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www.ysas.org.au