



YSAS
SEEING YOUTH IN A
DIFFERENT LIGHT

YOUTH
SUPPORT +
ADVOCACY
SERVICE

**ANNUAL
REPORT
2013-14**

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ARTWORK THROUGHOUT THIS REPORT WAS CREATED BY YOUNG PEOPLE ENGAGED WITH YSAS SERVICES AND HAS BEEN REPRODUCED WITH THEIR PERMISSION. ILLUSTRATIONS REPRESENT HOW THEY FEEL YSAS HAS SUPPORTED THEM.

WHO WE ARE

Youth Support + Advocacy Service (YSAS) is a leading youth health not-for-profit agency that enables highly vulnerable and high-risk young people with substance dependence and misuse, mental illness and social disconnection, or those at risk of becoming so, to take control of their health and wellbeing.

OUR VISION

For vulnerable young people to achieve optimal health and wellbeing through community and government action that ensures maximum social and economic participation.

OUR MISSION

To engage, support and strengthen vulnerable young people affected by drug and alcohol use, mental illness and social disconnection in order to improve their health, wellbeing and participation in the community. We develop supportive, respectful and caring relationships with vulnerable young people, their families and communities; provide holistic, integrated services; establish productive, collaborative partnerships; generate research, innovation and growth; and influence positive social change.

WWW.YSAS.ORG.AU

YSAS Pty Ltd
ABN 51 080 593 380



THIS YEAR YSAS...

SUPPORTED **4,765** HIGHLY VULNERABLE AND HIGH RISK YOUNG PEOPLE, OR THOSE AT RISK OF BECOMING SO, TO TAKE CONTROL OF THEIR HEALTH AND WELLBEING - A **27%** INCREASE ON LAST YEAR AND A **TRIPLING** OVER THE LAST FIVE YEARS.

PROVIDED **4,121** COMPLETED EPISODES OF CARE IN OUR DRUG AND ALCOHOL TREATMENT SERVICES TO **1,567** HIGHLY VULNERABLE AND HIGH-RISK YOUNG PEOPLE **77%** OF WHOM HAD SUBSTANCE DEPENDENCE - A **6%** INCREASE IN THE LAST YEAR.

FRANKSTON AND COLLINGWOOD HEADSPACE CENTRES DELIVERED **9,790** OCCASIONS OF SERVICE TO **2,363** YOUNG PEOPLE FOR MENTAL HEALTH AND OTHER ISSUES - A **41%** INCREASE FROM LAST YEAR.

RECEIVED AND RESPONDED TO OVER **368** SUGGESTIONS TO IMPROVE OUR PRACTICE AND SERVICES THROUGH **14** DROP BOXES FROM YOUNG PEOPLE ENGAGED WITH YSAS PROGRAMS

PRACTICE HAS BEEN ACCESSED AND UTILISED BY OVER **2,000** WORKERS THROUGH YODAA, YSAS YOUTH AOD TOOL BOX, TRAINING, AND THE INAUGURAL YOUTH AOD PRACTICE SUMMIT IN FEBRUARY

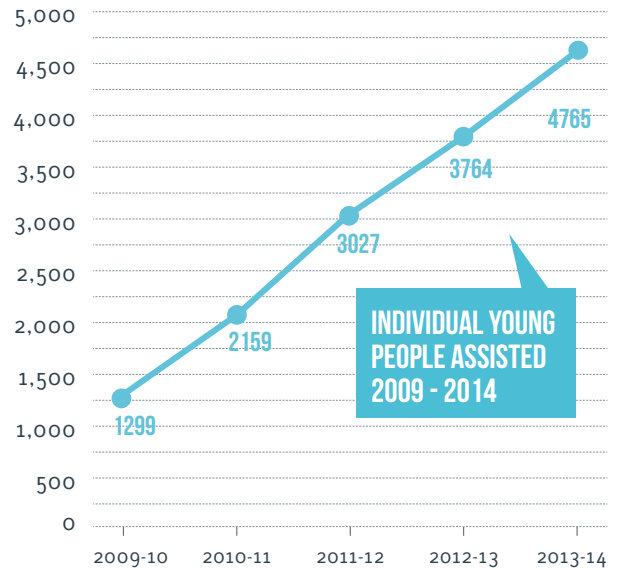
FACILITATED **20** COMMUNITY FORUMS ACROSS REGIONAL VICTORIA ON METHAMPHETAMINE USE

ESTABLISHED THE **YOUTH HEALTH + REHABILITATION SERVICE (YHARS)** WITH ST VINCENT'S HOSPITAL MELBOURNE AND CARANICHE IN YOUTH JUSTICE PRECINCTS AND SECURE WELFARE SERVICES

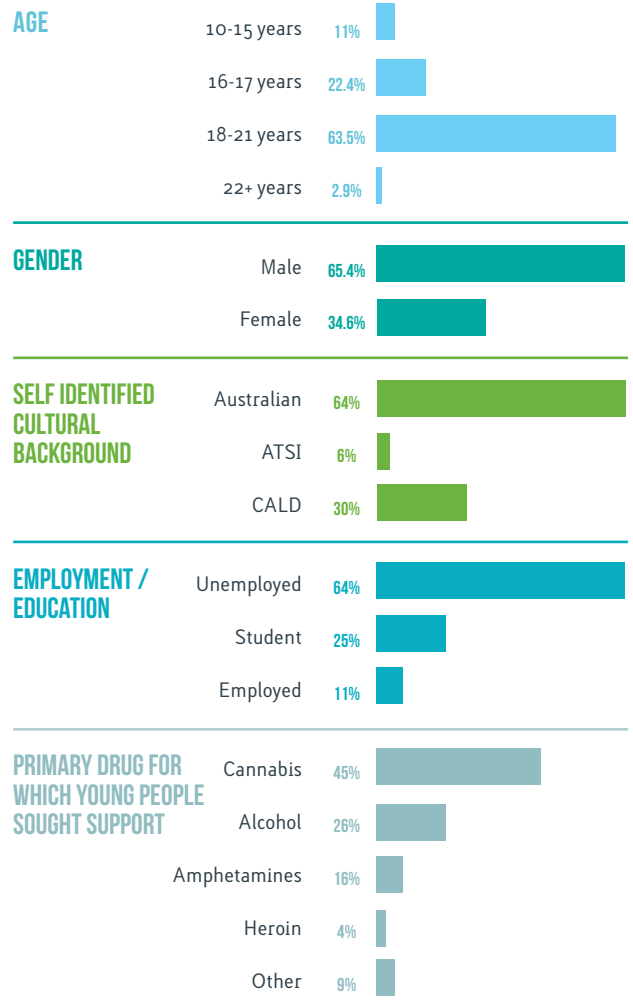
RESTARTED VICTORIA'S PURPOSE BUILT **TWELVE** BED KOORI YOUTH ALCOHOL AND DRUG HEALING SERVICE, **BUNJILWARRA**, IN PARTNERSHIP WITH THE DEPARTMENT OF HEALTH, VICTORIAN ABORIGINAL HEALTH SERVICE AND VACCHO

OPENED **WAYS & MEANS CAFE** AT 18 LITTLE LONSDALE STREET - THE FIRST SOCIAL ENTERPRISE SPECIFICALLY FOR YOUNG PEOPLE RECOVERING FROM SUBSTANCE DEPENDENCE TO ENABLE ACCREDITED TRAINING, WORK EXPERIENCE, AND TRANSITIONS TO EMPLOYMENT

THROUGH FEBFAST, RAISED **\$1,080,000**, INTRODUCED FOUR NEW 'FASTS' AND INSPIRED **7,035** OFFICIAL PARTICIPANTS TO GET HEALTHIER AND EARN **596,000** WILLPOWER POINTS



Episodes of care provided in YSAS AOD treatment programs:





CHAIRPERSON / CEO REPORT

Seventeen years ago, the Royal Children's Hospital, Jesuit Social Services, Turning Point Drug and Alcohol Centre and St Vincent's Hospital combined their expertise, passion and experience to establish YSAS. It was Australia's first youth specific alcohol and other drug (AOD) treatment service, and responded to a recommendation of the Kennett Government's Pennington Inquiry with funding from the 'Turning the Tide initiative'.

Since then, with the support of the Victorian and Commonwealth Departments of Health, YSAS has led the development of internationally recognised 'best practice' - with a strong commitment to evidence-based, therapeutic, trauma informed and family inclusive work.

We are proud this year that YSAS' practice has been accessed and utilised by over two thousand workers through YoDAA (Youth Drug & Alcohol Advice - www.yodaa.org.au) as well as the youth AOD tool box, training, and the inaugural youth AOD practice summit in February.

With half of the young people in our treatment services lacking any meaningful activity in their lives, we recognise the importance of engagement with education, training, employment and community for ongoing recovery from substance misuse and dependence. As a result YSAS started the Ways & Means Café at 18 Little Lonsdale Street, with pro-bono design by Projects of Imagination and project management by Stralliance. We also received strong support from the City of Melbourne, First Eddystone Trust, Jack Brockhoff Foundation, Ian Potter Foundation and the Grosvenor Foundation.

Aboriginal young people in incarceration have the highest prevalence of mental health issues and drug and alcohol dependence in our community. This year, YSAS has had the opportunity to work with the Department of Health to establish two important services - the restart of the Bunjilwarra Koori Youth Alcohol and Drug Healing



Service in partnership with the Victorian Aboriginal Health Service; and the Youth Health and Rehabilitation Service (YHaRS) in partnership with St Vincent's Hospital Melbourne and Caraniche.

An estimated 20,000 young Victorians have problematic substance use, risking escalation into dependence and treatment. YSAS recognises that intervening earlier can prevent this harm. With the support of FebFast, we have expanded YoDAA to include 28 partners across the State and added online portals for young people, families/ carers and schools. In this we have also been supported by the Department of Education and Early Childhood Development and the William Buckland Foundation. YoDAA has now developed a world-first digital tool that enables easy to access, anonymous, self-assessment and management advice and support.

Young people guide our work and this year we have responded to over 368 suggestions to improve our practice and services through 14 drop boxes at service sites. We have enabled young people to advocate directly to decision makers and have supported youth action groups to develop and drive programs locally.

This year we have seen unprecedented hard work, dedication, passion and expertise from our staff, partners, supporters, Board, sub-committees and teams. This has meant that YSAS has had the privilege of supporting 4,765 highly vulnerable and high risk young people, or those at risk of becoming so - a 27% increase on the previous year. We are most grateful to you all for helping young people to take control of their health and wellbeing and in so doing combat substance dependence and misuse, mental illness and social disconnection. Thank you.

Paul Bird, CEO

John Catford, Chairperson

YOUNG PEOPLE GUIDE US YSAS YOUNG PEOPLE'S REPORT



YOUNG PEOPLE ARE EXPERTS IN THEIR OWN LIVES, WITH UNIQUE WISDOM, STRENGTHS, EXPERIENCE, KNOWLEDGE AND PERSPECTIVES THAT ARE CRITICAL FOR THE PROVISION OF EMPOWERING, ACCESSIBLE, AND EFFECTIVE SERVICES.

'Young people guide us' is one of five goals driving YSAS Strategic Intent. We recognise that participation is an ethical, democratic and human right; contributes to improved health outcomes and development of recovery capital; improves service quality and safety; and is a key mechanism to ensure service accountability.

Participation empowers young people building confidence and self-efficacy, gives a sense of meaning, control and connectedness, and supports young people to take an active role in their own health management. Youth participation at YSAS aims to involve young people in decision making at all levels of the service by providing a range of opportunities for participation.

This year the YSAS Board endorsed our new Youth Participation Framework with comprehensive strategies at organisational, team, and individual client levels to ensure Youth Participation is embedded in our strategic planning through to our day-to-day activity.

The Drop Box client feedback mechanism was introduced across YSAS in July 2013. Young people post their feedback through site based letter boxes and outreach car kits. Over 519 individual items of feedback have been received and responded to (133 compliments, 39 complaints and 368 improvement suggestions). A range of needs have been met along the continuum of care, and most importantly, YSAS young people are seeing their ideas come to fruition:

- Personal hygiene is a problem for many homeless young people impacting their health and well-being and self-esteem at a time when they are most vulnerable - a new washing machine and donations of clothing, and socks enables access to resources to address this basic need
- Engaging young people in constructive recreational activity provides moments of respite from substance use and enables access to YSAS services and support - donations of TV screens, games, and two billiard tables provide opportunities for young people to interact with workers, reflect and change
- To improve young people's sleep hygiene at a crucial time in their change process, new beds have been purchased for one of our residential units
- Client computers upgraded at two sites combined with YSAS guided support enables young people to re-engage with education and build their work ready skills.

Facilitated Youth Consultation Sessions, conducted twice yearly, have been introduced across YSAS, providing young people with another opportunity to improve YSAS programs and services, and inform YSAS Strategic Planning process.

Young people have been invited as guest speakers to YSAS, community and media events building leadership capacity for these individuals. Local youth action groups are advocating for change in issues that are important to them and designing funded programs.

OVER 20,000 YOUNG VICTORIANS HAVE PROBLEMATIC SUBSTANCE USE THAT IS AFFECTING THEIR LIVES AND LEAVING THEM AT RISK OF ESCALATING INTO DEPENDENCE

There is a lack of systematic support for young people with problematic substance use, until their use escalates to severe and dependent to be eligible for alcohol and drug treatment services. In 2013, a group of youth AOD workers in regional community health services, with YSAS, envisaged and developed YoDAA (Youth Drug and Alcohol Advice) to intervene earlier and enable better outcomes for young people with problematic substance use issues through a more coordinated, responsive, accessible and easy to navigate youth AOD service system and worker support in Victoria.

This year, with the support of FebFast and 28 youth AOD partners across the State, YoDAA is a new 'one-stop-shop' service providing a 24/7 statewide response to young peoples' drug and alcohol-related problems for workers, young people, families/carers, and schools. YoDAA has one telephone number, email and website (www.yodaa.org.au) and all of YoDAA's contact response is managed by specialist youth AOD workers ensuring integration between online and face to face services.

Since going live we have supported over eight thousand users through 14,247 online sessions with an average session time of over five minutes. This means in its short history, YoDAA has already provided content for over 1,200 hours of online self-directed help.

Through phone, chat and email we have helped 1,060 families, young people, schools, teachers and youth workers. For workers alone, via phone, chat or email, YoDAA has provided telephone consultation, advice, service navigation and referral support on 299 occasions.

But there is more to tell than just numbers. From the beginning YoDAA wanted to provide service users with a supportive and coordinated help-seeking experience. Our website is easy to navigate, clear and simple. For those calling or contacting us we didn't want to complicate their journey by only offering them phone numbers or service lists! Instead our pledge was to make sure our specialist youth drug and alcohol workers offered whatever support and care was required to get those in need to the next step.





JESSY'S STORY

My name is Jessy and I'm 22. I started with YSAS when my school counsellor suggested I link in with a drug and alcohol service. My YSAS Outreach worker and I started working together at the time my engagement with her was minimum, to the point where she had sent out a letter asking me if I was still interested in working with her. Thank god I responded because little did I know how much I would need her help and the support of YSAS in the future.

At that point in time I loved to drink and only thought it was a little bit of a problem. I had used ice and speed occasionally and pills recreationally. During those first few months with YSAS I unfortunately experienced a horrific event with a guy who lived a few houses up the road from me. This subsequently plummeted me into absolute despair and fear. I started to drink more than ever and because of my unstable mental state I ended up in a psychiatric unit. The day I left the unit I had a pre-booked stay at Fitzroy detox. It was my first stay there. The staff at Fitzroy made me feel like they had a genuine interest in me and made me feel accepted at a time when I felt most isolated. After meeting such wonderful, thoughtful staff who I felt truly cared about me and speaking with the manager at the time they suggested I go to Birribi for rehab.

I spent 5 months at Birribi. Whilst I was there I felt like I was part of a family. I learnt valuable tools to help me with my drug and alcohol use and enjoyed the groups. I learnt a lot from listening to others about their journeys. The staff took the time to ask me how I was every day and even when my stay there got bumpy towards the end due to an external event, they supported and helped me through it. I was blown away by their true care and support. And it's because of this support that I got into supported accommodation. My Birribi worker and I spent countless hours trying to find housing and it's because of her tenacity and her never give up attitude, that I achieved this goal.

I had one of the best experiences in my life at Birribi. We had an outing to swim with dolphins. Even though I was really struggling during this time, being in the water with those creatures was wonderful and for one brief moment I forgot about all my worries and problems.

I left Birribi and moved into supported accommodation in Rosanna. I started using ice every day and became extremely thin. My YSAS Outreach worker promptly booked me another stay at Fitzroy and we discussed the possibility of going to another rehab as my life was spiralling out of control. So I went back to Fitzroy and again I was met with staff that were always welcoming and

We have done this even when the next step has not been obvious. Over a quarter of all our calls (27%) have resulted in multiple contacts and follow-up calls with service users. In other words YoDAA workers have made enquiries, sourced information and navigated networks on behalf of service users before providing the best options.

YoDAA continues to strengthen services for families, schools and youth workers. Thanks to a generous grant from the William Buckland Foundation we have been able to develop an innovative digital AOD tool for young people. It provides the means to reach more young people worried about their use of drugs or alcohol.

The digital tool is designed to help young people explore where they are at with their use of drugs or alcohol. Uniquely, the tool incorporates the benefits of the digital medium with the best aspects of interacting with a youth worker. In other words it is not a glorified questionnaire but rather, a dynamic means for young people to engage in questions, learn why they are being asked, access advice specific to a broad range of personalised variables and all within a 100% youth voice.



UP TO 5,300 YOUNG VICTORIANS (10-22 YEARS) HAVE SUBSTANCE DEPENDENCE, A CHRONIC AND RELAPSING CONDITION, AND COMPLEX PSYCHOSOCIAL PROBLEMS WHERE BOTH THEIR DRUG AND ALCOHOL USE AND VULNERABILITY ARE SEVERE

Typically, these young people’s drug and alcohol misuse represents self medication for undiagnosed mental illness and trauma arising from a childhood of sexual abuse and family violence, with 40% having a history with child protection, 80% a record of offending, and two-thirds experiencing recent homelessness.

This year through our integrated, continuum of treatment services, across assertive outreach, residential withdrawal, residential rehabilitation, home based withdrawal, day rehabilitation, supported accommodation, education, training, social enterprise and coordination with mental health and other support services, YSAS has enabled over half of the 1,567 young people in our treatment services to overcome their substance dependence.

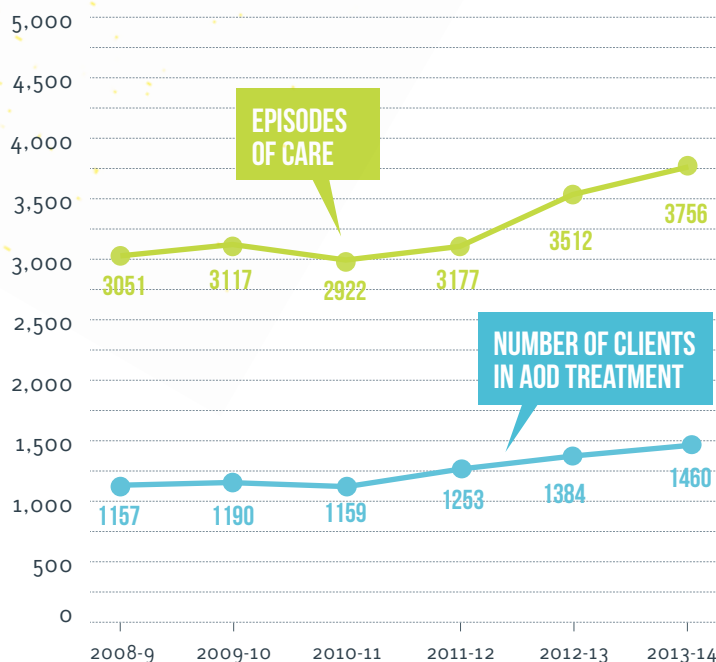
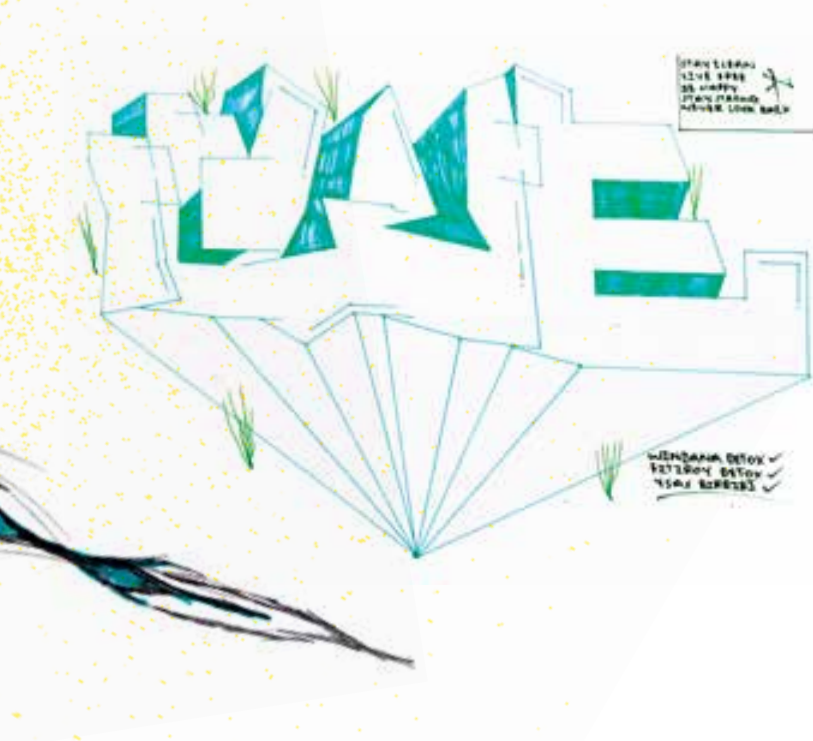
In 2013/14, YSAS completed 4,121 episodes of care in our treatment services, a 6.3% increase on the year before, and 34.5% more than our contracted target with the Department of Health.

As 33% of young people in drug and alcohol treatment services have current and past involvement with Child Protection, YSAS has focused this year on providing a range of supports to Out of Home Care (OoHC) providers to build their capacity to address drug and alcohol issues for the children and young people they care for.

YSAS has been funded by the Department of Health in the North West region to bring together OoHC providers, DHS Child Protective Services, and youth AOD and mental health services to create better access to AOD and mental health treatment for young people involved in those systems, to increase the effectiveness of secondary consultation, and to create communities of effective practice across various professional disciplines. The end aim is to see Victoria’s most vulnerable young people provided with responsive and effective youth AOD and mental health services.

CONTINUUM OF CARE MODEL

YOUNG PERSON (12-25 YEARS)		ASSERTIVE, CONTINUOUS ENGAGEMENT (THERAPEUTIC CASE MANAGEMENT)			
CAUSES	EFFECTS	ENGAGE & ACCESS	SCREENING, ASSESSMENT & SERVICE ENTRY	TREATMENT & CHANGE FACILITATION	CARE, RECOVERY & TRANSITIONS
SEXUAL/OTHER ABUSE FAMILY BREAKDOWN FAMILY VIOLENCE MENTAL ILLNESS INTELLECTUAL DISABILITY PEER BEHAVIOUR TRAUMA SOCIAL DISCONNECTION	MULTIPLE & COMPLEX NEEDS AOD MISUSE & DEPENDENCE VIOLENCE SELF HARM SUICIDE IDEATION HOMELESSNESS MENTAL ILLNESS OFFENDING DISENGAGEMENT UNEMPLOYMENT	ASSERTIVE OUTREACH YODAA SELF REFERRAL WEBSITE AGENCY REFERRAL	ASSERTIVE OUTREACH		
			INTENSIVE RESIDENTIAL		
			HOME BASED WITHDRAWAL		
			PRIMARY & SEXUAL HEALTH		
			DAY REHABILITATION		
			LONG TERM RESIDENTIAL		
			SUPPORTED ACCOMMODATION		
ALT EDUCATION, TRAINING, SOCIAL ENTERPRISE					
COORDINATION WITH OTHER SUPPORT SYSTEMS (EG CHILD PROTECTION, JUSTICE, HEALTH, HOUSING, EDUCATION, TRAINING & EMPLOYMENT)					



The Ripple project involving Orygen Youth Health, Melbourne University, Royal Children's Hospital, and YSAS is a 5 year research project (2013-2017) which aims to support the work of foster and kinship carers, and residential care workers in Out of Home Care settings. The project will develop innovative approaches to systematic and affordable delivery of mental health and alcohol and other drug interventions that enhance carer capacity and their therapeutic care role.

Working in the Barwon region with Barwon Youth, Clockwork, headspace Geelong, Barwon Health, and out-of-home care providers, MacKillop Family Services and Glastonbury, YSAS provides direct AOD assessment and treatment support in OoHC settings. Over the past 12 months service partnerships and treatment interventions have continued to grow strongly resulting in increases in secondary consultation for Out of Home Care staff as well as young people accessing treatment.

accommodating. I had left my accommodation and was now homeless. Whilst at Fitzroy the staff there helped me find crisis accommodation and with the support from my Outreach worker I got a place at a youth refuge in East Brunswick. I stayed there for roughly six weeks and then went back into Fitzroy detox as my drug use was extremely problematic and I felt like I had no control. The weeks prior to moving into East Brunswick I had been accepted into another rehab program which my Outreach worker had helped me with. So I would go straight to this service after going to YSAS Fitzroy detox. During this time I was also linking in with YSAS Day Program. I was receiving constant support from them around my drug use, as I was going there daily. The staff at the Day Program are the most caring and considerate people I have ever met. Even if things were bad in my day to day life the staff at the Day Program made me feel like things would always get better and to never give up no matter how dark life seemed.

The rehab didn't work out and I was homeless again. I finally got into crisis accommodation after a couple of weeks, and on my first day there I ran into some one I met at the rehab. We started dating and I started injecting heroin daily. Because my addiction was increasing I started doing deplorable things to support my habit and it didn't help that my boyfriend encouraged it. I ended up getting away from him when I went to Glen Iris Detox for the first time. During my first stay at Glen Iris I was coming off heroin for the first time and I was feeling extremely sick and even though it was one of the hardest times in my life, the workers there made my stay comfortable and made me feel supported and safe.

During the next few months I was bouncing from place to place having no stable accommodation, staying at friend's houses, on the street or at refuges. My drug use was still quit extreme and I was associating with people who were extremely dangerous. They were more dangerous than I released at the time but I always had the Day Program to go to, which made me feel like I had a little bit of normality in a life that was far from it.

Towards the end of 2012 I moved into the first, long term accommodation I had had in years. The location was fantastic and it was supported. It was a big house with many people and even though I was using ice every day, I was actively engaging with all my workers and the staff at the Day Program. I started a hospitality course which YSAS staff supported me with. It was the time I was most content with my life. It was not until a few months into my stay that things took a horrendous turn for the worst. I had formed what I thought was a friendship with a guy who lived with me. It turned out to be an extremely violent, one sided, drug fuelled relationship. I turned to the staff at the Day Program and my Outreach worker for help. I have never felt so afraid and unsafe in my life. The staff at the Day Program advocated and supported me beyond what I thought they could do. I can't thank them all enough for what they did for me. They showed me such courage, compassion, security and true care which I didn't believe existed in the face of such dreadfulness.

CRYSTAL METH/AMPHETAMINE, OR 'ICE' USE, HAS TREBLED OVER THE LAST THREE YEARS AS THE PRIMARY DRUG OF CONCERN FOR YOUNG PEOPLE IN TREATMENT AT YSAS

With a stable 2%-4% of the population using methamphetamine, the rise in both purity and injecting use, especially in regional Victoria, presents significant risks for ice users and challenges to the treatment system to respond.

This year, YSAS continues to be at the forefront of the response to the growing use of ice by young people in Victoria.

In response to the growing number of ice related referrals to our treatment services, in particular to our Birribi residential rehabilitation service, YSAS has tailored its treatment response accordingly. The constant and heavy use of ice has significant negative impacts on multiple areas of the young person's life - dismantled family relationships, forced homelessness, early exit from school or loss of jobs, criminal activity and involvement in the justice system. Of particular concern is the prevalence of mental health issues among this client group. Once the young person has entered Birribi, the gradual process of becoming physically and mentally well, and the reassembling of their life, and supports, begins. Staff are well trained in the effects and impacts of ice use and they use this knowledge to build an individualised care plan (including a mental health care plan) for each young person.

As the young person's physical and mental health returns through improved sleep, diet and fitness, work is undertaken to address other areas of their life. Residents participate in a group work program that includes drug education, relapse prevention, personal development and life skills. Mental health specialists support the young person where required, and family engagement is important to rebuild family relationships and appropriate supports.

From early on in their stay, the work with the young person is focused in re-integrating them back into their community and finding opportunities for meaningful activity. This may include re-enrolment in school, finding work, or entering training. The young people are also able to undertake work experience at YSAS Ways and Means Café in the Melbourne CBD, landscaping work on the Birribi property, volunteer work with the local Rotary group, kitchen management with the Birribi cook, and administrative duties with Birribi staff.

As well as hosting and presenting to the Victorian Parliament's Law Reform, Drugs and Crime Prevention Committee's inquiry into the supply and use of methamphetamines, particularly 'ice' in Victoria, YSAS has facilitated twenty local regional community forums on methamphetamine use in Bairnsdale, Sale, Warrigal, Bendigo, Swan Hill and Mildura, and presentations for local government youth service providers and youth networks, and culturally and linguistically diverse communities in public housing estates in the Inner North West metropolitan region. YSAS has provided methamphetamine training to staff at Corrections Victoria regional offices, indigenous services across Victoria (including indigenous run health organisations and Regional Aboriginal Justice Action Committees), and conducted professional development for custodial staff at Barwon and Port Philip prisons designed to enable better understanding of the impacts, complex issues and challenging behaviours for prisoners in methamphetamine recovery. YSAS has also been contracted by the Department of Human Services to deliver introduction to youth AOD sessions for new secure services staff and to provide accredited training in youth AOD competencies for the Diploma of Youth Justice candidates within their secure services.

Through print and radio media, YSAS has also advocated for more support to families and local communities through local Drug and Alcohol Response Teams (DARTs) with Odyssey House Victoria to build their capacity to: enable the development of a whole of community response to drug related issues through coordinated involvement of local community organisations; support schools, TAFEs, sporting clubs, community groups, local government and other local organisations with education and advice as requested; coordinate with local AOD treatment and allied health/mental health services; and ensure a consistent, evidence-based and empowering approach to prevention and early intervention is delivered across all communities in Victoria. This will be achieved through access to centralised support and materials, such as those developed and provided by YoDAA.



During this ugly time I had another stay at Glen Iris detox. I was going there regularly, as my ice use was way out of control and it also gave me a break away from the guy I lived with. I had lost a lot of weight, had big sores all over my face, and wouldn't sleep for days at a time. My mental state was far from healthy. Even with all these detrimental factors going on, Glen Iris staff put supports in place for me and welcomed me with open arms. Even though I had never felt more ashamed of myself for letting things get so bad, the true care, love and help I received from all the workers at Glen Iris outweighed any shame I had.

The advice and consideration I got from all the staff at Glen Iris detox and the Day Program helped me get through that difficult period. It is no exaggeration to say that if it wasn't for all their support I would be dead. I still struggle with that time in my life to date but it's because of the help I received from YSAS that I can move on with my life.

Over the next year I went into Glen Iris detox regularly and attended the Day Program almost every day. I was using continuously and when I did use I used to excess. It was enough to make day to day living problematic. I also brought benzos into my primary drugs which made life extremely difficult at times but with all the tools that I learnt from both Fitzroy and Glen Iris detox and Birriabi about relapse prevention and ways of controlling my drug use I was able to cut down considerably.

During the end of last year I applied for a Certificate IV in Youth Work. I was accepted with help from the staff at the Day Program with the long and convoluted enrolment. I began my full time course. It was a bumpy start because I was in transition moving from one house to another. Due to all the stress I still continued to use both ice and heroin. But with all the encouragement from staff at the Day Program helping me day to day and Glen Iris staff helping with my homework I was still able to maintain function and routine in my life.

After moving in permanently to my new house I have ceased my drug use. I am attending school regularly and have gotten two work placements. I think that even though I'm stressed to the limit keeping myself busy is fundamental because the more time I have on my hands the more likely it will be that I will use.

In the years I have been with YSAS I have experienced and learnt so much. I've learnt that there are still good people in the world when all hope seems lost. I've learnt to never give up even when my mind wants to and the temptation to end it all arose. I've learnt that I can use my experiences to benefit others to help them through their lives.

I can't imagine how my life would have turned out without the support of YSAS, one thing I do know for sure is that it would have been a short life.

78% OF YOUNG PEOPLE IN YOUTH JUSTICE CENTRES RELATED THEIR ALCOHOL AND DRUG MISUSE TO THEIR OFFENDING

Young people in Parkville and Malmsbury Youth Justice Precincts are highly complex and marginalised. 60% have been victims of abuse, trauma or neglect; 56% have been suspended or expelled from school; and 41% have previous child protection involvement. As 89% have a history of alcohol and/or drug misuse, many of these young people have previously known YSAS' treatment services.

In 2013/14, YSAS partnered with Victoria's largest forensic health provider, St Vincent's Hospital Melbourne, and leading forensic psychology provider, Caraniche, to develop a new service model for the health and rehabilitation services for the Justice Precincts in response to the Department of Human Services Advertised Call for Submissions. The Youth Health and Rehabilitation Service (YHaRS) consortium was successful and commenced at Parkville and Malmsbury on 1 January 2014, and at Secure Welfare on 1 July 2014.

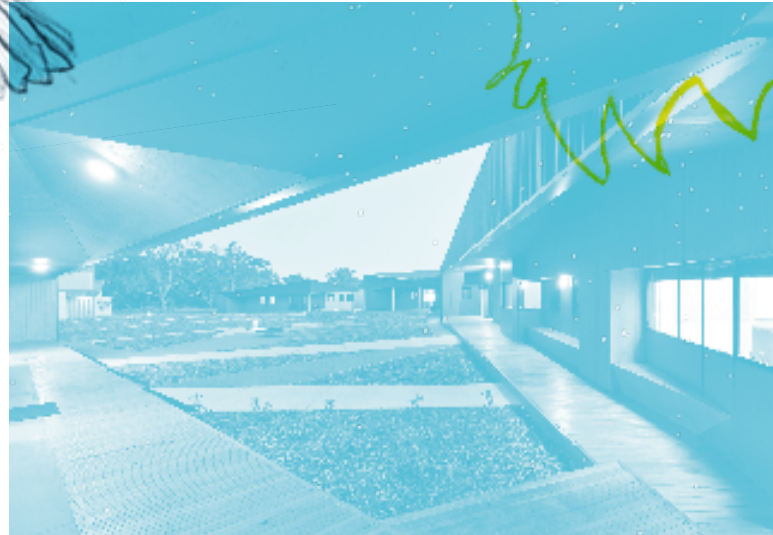
YHARS IS:

1. **In partnership**, building relationships and responding to the needs of young people, youth justice management and staff, school staff and key stakeholders.
2. **Respectful**, non-judgemental and supportive of each other, young people, DHS youth justice, DEECD staff and key stakeholders; we are guided by the values of compassion, justice and excellence.
3. **An advocate** for the right of young people to access the services that they need and that are equivalent to what they would receive in the community.
4. **An integrated service** across health and rehabilitation, embedding the methodology of Services Connect (key worker, one assessment, one plan).
5. **Transition focussed**, supporting the safe return of young people to the community through effective discharge planning and active links with community supports through a YHaRS Partnership Group and innovative practice.
6. **Committed to person centred and holistic care**, putting the young person at the centre of their assessment, case planning and treatment responses and utilising current best practice in adolescent health assessment and intervention.
7. **Committed to therapeutic, trauma-informed and early intervention** with young people that identifies and addresses risky and harmful behaviour, offending and mental health issues.
8. **A strengths-based and family inclusive service** that supports young people to set and achieve appropriate goals and re-establish appropriate relationships with their families.
9. **Committed to quality** through service excellence, continuous improvement and strong clinical governance that delivers expert, evidence-based, ethical practice.
10. **Values based** and committed to ensuring the service is focussed on compassion, justice and excellence.

YHaRS YOUTH HEALTH
and
REHABILITATION
SERVICE



ABORIGINAL YOUNG PEOPLE ARE FOUR TIMES MORE LIKELY TO BE REPRESENTED IN YOUTH DRUG AND ALCOHOL TREATMENT SERVICES



When compared with all other young people in the youth AOD service system, Aboriginal young people:

- Have significantly higher levels of alcohol and inhalant use
- Have high levels of unmet need for education and lower levels of literacy
- Are more likely to have a history of childhood neglect and involvement with the Child Protection system
- Have a three time higher prevalence of intellectual disability
- Are more likely to be involved with the criminal justice system.

However, Aboriginal young people are more likely to have a trusted relationship with an adult outside of the family.

This year, YSAS has had the opportunity to restart Victoria's purpose built twelve bed Aboriginal youth residential rehabilitation service in Hastings, the Bunjilwarra Koori Youth Alcohol and Drug Healing Service in partnership with the Department of Health, Victorian Aboriginal Health Service and Victorian Aboriginal Community Controlled Health Organisation.

Bunjilwarra has valued support from local partners, including Dandenong & District Aboriginal Cooperative, Peninsula Health, Mornington Peninsula Shire Council, headspace Frankston, Victoria Police and Chisholm Institute, together with the local traditional owners, the Boonwurrung people, led by Elder Auntie Carolyn Briggs.

As a voluntary program, Bunjilwarra enables Aboriginal young people to:

- Manage their alcohol and drug issues through active participation in therapeutic and structured programs designed to assist them, to develop their living skills, and to strengthen their cultural identity and spiritual wellbeing, within a safe and supportive environment.
- Improve their physical, social and emotional wellbeing, and strengthen their connection to family, community and culture through the use of a holistic recovery model which includes individual and group therapy, as well as recreational, educational and vocational activities.
- Develop alternative behaviours and coping strategies, and skills for resilience and reintegrating into the community based on therapeutic community principles and Aboriginal cultural practices.



BUNJILWARRA
Koori Youth Alcohol & Drug Healing Service



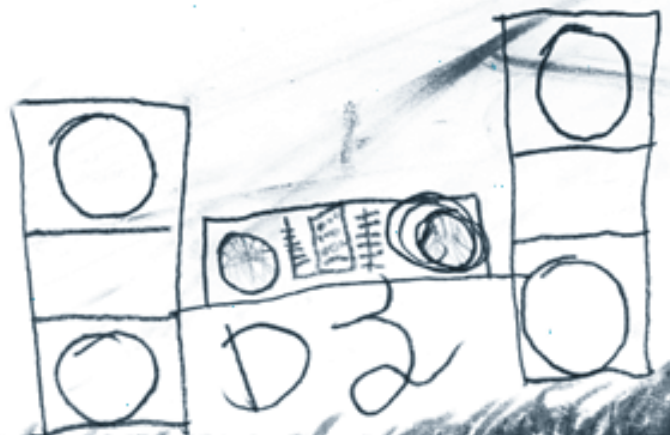
ALMOST HALF OF THE YOUNG PEOPLE IN ALCOHOL AND DRUG TREATMENT SERVICES HAVE NO MEANINGFUL ACTIVITY IN THEIR LIVES

Without meaningful engagement and participation in their community, education, training and employment, young people with substance use issues have little prospect of overcoming their dependence and risk relapse.

This year, YSAS established the first social enterprise specifically for young people recovering from substance dependence to enable integrated accredited training and work experience, and transitions to employment. The Ways & Means Café at 18 Little Lonsdale Street, has been developed through pro-bono design by Projects of Imagination and project management by Stralliance, and with kind support from the City of Melbourne, First Eddystone Trust, Jack Brockhoff Foundation, Ian Potter Foundation and the Grosvenor Foundation.

YSAS has also strengthened the integration of education, training and employment opportunities for young people as a critical part of their treatment plans.

The YSAS REVAL Day Program continues to support young people on an upward trajectory towards independence by providing interactive, experiential learning programs which foster foundational, everyday life and vocational skills development. The Day Program is firstly a friendly engagement space for young people, providing a platform for peer support, rapport building and a sounding board to develop their aspirations and explore possibilities. Once a young person is ready and confident they can move into digital and art based programs, adventure and recreation, holistic vocational skills development and other projects driven by the group.



YOUNG PARENTS REPRESENT 15% OF YOUNG PEOPLE IN DRUG AND ALCOHOL TREATMENT SERVICES, 32% OF THESE YOUNG PEOPLE HAVE THEIR OWN CHILD(REN) IN CHILD PROTECTION - PERPETUATING THE INTERGENERATIONAL CYCLE OF DRUG AND ALCOHOL ABUSE AND TRAUMA

According to the Child and Family Welfare Association parental drug use is one of the most serious issues facing the child welfare sector in the past 20 years. Concern regarding the welfare of children of drug-using parents has strengthened over time with approximately half of all child abuse and neglect cases investigated by Child Protection in Victoria involving some degree of problematic alcohol and drug use by the child's parents. Substance abuse is also one of the main reasons for the increasing number of children in the child protection system.

Additionally, the Drug Policy Expert Committee in 2000 reported that children of drug users form a significant percentage of the Community Care Group in Victoria and that the majority of parents with children in foster care have substance abuse problems.

Building on YSAS' ten year experience with the Commonwealth Department of Health supported Young Parents Program in Southern Metropolitan Melbourne, the Unite program was developed this year to support pregnant and parenting young people aged 12-25 who are experiencing problems with drug and alcohol use and have been or are likely to be the subject of intervention from the Child Protection statutory system. YSAS was able to achieve this with generous support from Gandel Philanthropy and the Barr Family Foundation, and in liaison with the Department of Human Services,

Through intensive therapeutic case work and support, the program enhances young peoples' parenting capacity and provides family support while simultaneously providing drug and alcohol treatment.

Unite is currently working with fourteen young parents with babies and children up to the age of five years involved with Child Protection.

SARAH'S STORY

Sarah was referred to the YSAS Unite program for ongoing support with her pregnancy and substance use. With support from her worker, Sarah contacted Child Protection herself and arranged to meet with them prior to the birth of her child to discuss future planning for them both. Sarah was also involved in a violent relationship.

Child Protection was alerted after Sarah's child was born. With support and encouragement from her worker, Sarah voluntarily became involved with Child Protection. She met with Child Protection and allowed them to see her at her new accommodation which was suitable for a new born.

The police were called to Sarah's home many times as a result of family violence. She was able to recognise that her relationship and substance use affected the safety and well-being of her child, resulting in ongoing statutory service involvement. Child Protection eventually removed Sarah's baby from her care.

Sarah's worker continued to encourage and support her, linking her into a withdrawal service to help her address her substance use issues. This provided her with the support she needed to eventually leave her violent relationship.

Sarah worked hard with her support services and a re-unification plan was developed - all the time increasing her visits with her baby. She attended a drug withdrawal program, and overcame great challenges to eventually become reunified with her baby. Child Protection involvement is no longer necessary.

Working closely with her Unite worker, Child Protection, and other support services, Sarah was able to deal with the risk factors in her life. Through YSAS non-judgemental, holistic approach, Sarah was able to address her substance use, remove herself from a violent relationship and further develop her parenting capacity in an environment free from violence.

ONE IN FOUR YOUNG PEOPLE HAVE A MENTAL HEALTH DISORDER AND ARE OVER 5 TIMES MORE LIKELY TO MISUSE DRUGS

This year 2,363 young people accessed our Frankston and Collingwood headspace centres, with 61% female. Averaging five contacts per young person, we provided 9,790 occasions of service, for depression, anxiety and issues with identity, with a high percentage of young people who identified issues with sexuality, gender and relationship difficulties. The complexity of presentation has become more evident over the past year, with young people requiring advocacy and case coordination. In particular, youth suicides in the southern metropolitan region have impacted upon our communities and services.

In addition, our headspace Community Engagement team have accessed over 15,537 young people, parents and service providers through 188 presentations/workshops and various aspects of group work, including a mental health week event, Zest Fest which targeted schools within City of Yarra and Darebin. Over 200 students attended to engage in activities that focused on maintaining health and wellbeing.

A total of 33 clinicians including Collingwood headspace staff, consortium partners and private practitioners, have received training and are prepped to commence Moving 4 Mood. This innovative program aims to integrate a physical activity intervention into standard psychological treatment delivered to young people at headspace Collingwood centre by:

- Training allied health professionals to integrate a brief physical activity intervention into the clinical care they would usually offer young people accessing their service;
- Development of online resources and apps;
- Evaluating the effectiveness of the physical activity intervention in reducing depression and increasing engagement in physical activity in young people aged 12-25 years.



MY STORY

In year eight I was expelled from school; I was kind of in the middle of a drug deal, I wasn't using but I was just there, I got into big trouble. My mum and dad were disappointed.

So I got into another school and it was okay until I started getting bullied by a kid; I was scared he was going to hurt me so I carried a knife in my school bag for protection; to make sure I was safe at school and on my way home. So this kid was in my face and I pulled out the knife and the police came and I was expelled from school, I was only protecting myself.

The police talked to mum and dad about this service that could help me maybe get into another school and also talk to me about why I was getting into trouble because I didn't know. That's when I met my YSS worker and worked with her for a while. She found a school and took me and my mum for a meeting with 5 teachers; I promised everyone that I would tell them when I felt scared so they could protect me. I don't carry a knife anymore.

I have been at school 3 months and haven't missed a day. I want to be a farrier or a jockey.

YOUNG VICTORIANS ACCOUNT FOR NEARLY HALF OF ALL OFFENDERS PROCESSED FOR CRIMINAL OFFENCES BY VICTORIA POLICE

The Youth Support Service (YSS) is a program that enables Victoria Police members to divert children and young people who have had contact with the police away from the criminal justice system by referring these individuals and families to case management support within the community.

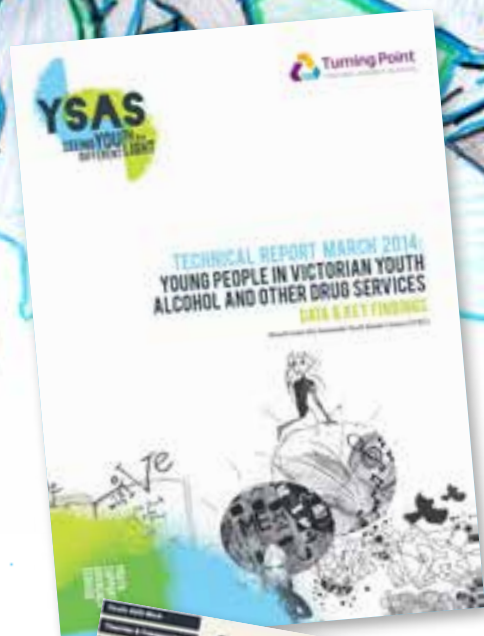
YSAS delivers the YSS for most of the Melbourne metropolitan and the Latrobe Valley regions, and is one of the few youth services in Victoria that works with children as young as 10 years old using an outreach based, therapeutic and family inclusive youth work model.

By addressing the issues underlying a young person's offending, including their mental health and drug and alcohol needs, involvement in YSS enables young people to be diverted from the criminal justice system and re-engage with their family, community, education and training, and/or transition to employment so they can take control of their health and wellbeing.

Through the YSS, and in partnership with the Department of Human Services, YSAS enabled 89% of the over 1,000 at risk young people cautioned by Victoria Police across metropolitan Melbourne and the Latrobe Valley to have no or positive future involvement with the police. At the same time, the incidence of frequent family conflict was reduced from 55% to 18% and the proportion of young people engaged in education, employment or training increased from 38% to 78%.

This is an outstanding outcome and since the YSS's establishment in 2010, YSAS has prevented over 3,000 young people from entering the criminal justice system. We were delighted that the Victorian Government has refunded the Youth Support Service for another four years.

YOUNG PEOPLE AND FAMILIES AFFECTED BY PROBLEMS ASSOCIATED WITH ALCOHOL AND OTHER DRUG (AOD) USE HAVE A RIGHT TO THE BEST AND MOST EFFECTIVE SERVICE RESPONSES DELIVERED BY PRACTITIONERS WHO UNDERSTAND THEIR NEEDS



THE STATEWIDE YOUTH NEEDS CENSUS (SYNC)

For effective youth AOD services to be designed and improved, planners and practitioners require insight into the needs and characteristics of service users. To this end, YSAS coordinated a census of Victorian youth alcohol and drug practitioners. Over 1000 surveys were completed by practitioners from 38 locations across Victoria. This represented 84% of the young people in treatment on Census day. A full technical report and a range of issue-based snapshots using SYNC data are available at www.ysas.org.au.

THE YOUTH AOD PRACTICE SUMMIT 2014

300 practitioners from across Victoria and interstate, grounded in experience and a commitment to the young people they support, gathered in Melbourne to advance youth AOD practice. There was incredible energy and positivity on the day with social media technologies used to create lively engagement and a collaborative atmosphere.

The keynote speaker was the highly respected and engaging Professor Iain McGregor from University of Sydney, who specialises in psychopharmacology.

Workshops were facilitated for practitioners by experts on topics such as 'Trauma informed care', 'Self-injury', 'Motivational Interviewing', 'Acceptance & Commitment Therapy (ACT)' and the challenges of responding to the next generation of drugs.

A Summit report was produced and can be accessed at www.ysas.org.au

THE YOUTH AOD ON-LINE PRACTICE TOOLBOX

The Youth AOD Toolbox draws from the best evidence and direct practice experience to provide a practical and comprehensive guide to working with young people drug and alcohol related problems.

The Youth AOD Toolbox has continued to grow and strengthen this year. In early 2014 the site was re-launched with a new look. The new design improved menu functionality on mobile devices, which is especially important given the popularity of ipads in youth work. The website now features the images of staff at YSAS, demonstrating that practitioners are at the core of youth AOD work.

There are now over 1600 registered users of the site, with over 1000 of those from Victoria.

www.youthAODtoolbox.org.au

DESPITE OUR LOVE OF DRINKING, IT'S UNDENIABLY TAKING ITS TOLL...



ON OUR HEALTH

Every day, 15 people die and 430 are hospitalised due to alcohol.

ON OUR KIDS

Over 700 agencies provided over 160,000 treatment episodes for alcohol and other drug issues to an estimated 108,000 clients in Australia in 2012-13 – that's almost 300 people every day of the year with alcohol as the principal drug of concern. Four teenagers die every week from alcohol-related injuries.

ON OUR ECONOMY

It's estimated to be costing us \$36 billion a year. That is more money in one year than the entire cost of the National Broadband Network is predicted to cost to build over a decade.



The 'pause for a cause', FebFast, is the perfect excuse to take a 28 day health challenge at the start of the year to raise funds for youth drug addiction. Australians have the choice to take a break from alcohol, sugar, junk food, smoking or social media this February. Having raised \$6.6 million for vulnerable young people, and inspired thousands to take control over unhealthy habits, take time out this February and improve your health happiness.

FebFast 2014 raised \$1,080,000, introduced four new 'Fasts' and inspired 7,035 official participants to get healthier and earn 596,000 WillPower Points.

FEBFAST STORIES

"I did Febfast sugar and alcohol. The alcohol was easy, despite peer pressure. But the sugar was very difficult. It is in EVERYTHING and I had to go back to basics and whole organic foods...by the end of the month I felt amazing, clearer skin, clearer mind and lots more energy. Thanks for the support Febfast!"

Kara , FebFast Sugar & Alcohol participant, 2014

"I love FebFast and look forward to it yearly. I enjoy simplifying my life by taking the month off wine."

Judy, FebFast Alcohol participant, 2014

"My whole family did FebFast which then encouraged our best friends to do it as well so there was a knock on effect. It made us all mindful about how much we drink and how much sugar we consume. We have now stopped consuming all processed sugar (except of special occasions), we are exercising more and so far we have lost about 10kgs between us all. FebFast is such a great month!"

Emily, FebFast Sugar participant, 2014

"Getting up at the crack of dawn, enjoying the outdoors, feeling on top of the world, being a role model to your children, having more energy than ever before, saving money, remaining calm, no mood swings and still being able to enjoy chocolate. FebFast was a priceless experience"

Anna, FebFast Alcohol participant, 2014

Find out more at www.febfast.org.au

WE WOULD LIKE TO THANK ALL WHO PARTNER WITH AND SUPPORT YSAS TO ENABLE HIGHLY VULNERABLE AND AT-RISK YOUNG PEOPLE TO CHANGE THEIR LIVES. INDIVIDUALS, FAMILIES, BUSINESSES, AGENCIES AND GOVERNMENT ALIKE, YOUR SUPPORT OF OUR EFFORTS IS GREATLY APPRECIATED

FEBFAST

A special thanks to FebFast Patron, Professor Rob Moodie and to our ambassadors, Kris Smith, Lola Berry, Sonia Kruger, Steve Willis, Rob Mills, Sam Gowing, Tristan Miller, the Home & Away team and the SEN Run Home team.

Thanks to Minister Mary Wooldridge, Senator Penny Wong and Jerril Rechter for their ongoing support, and to our wonderful sponsors, Medibank, Natvia, Celebrate Health and Hello Fresh.

A big 'thanks' also to some great teams at:

- » AFL Players Association
- » Worksafe Victoria
- » KMPG
- » St John of God
- » VicRoads
- » TAC
- » NAB
- » K&L Gates
- » Medibank
- » GE Money
- » DOHA
- » Accor

And thanks to our FebFast Partners:

- » Family Drug Support
- » The Ladder
- » Brisbane Youth Service
- » Fernwood Fitness
- » Green Scribble
- » Flint
- » BSO
- » Artez
- » faveQuest

GOVERNMENT

Australian Government
Department of Social Services

Australian Government
Department of Health & Ageing

City of Banyule

City of Boroondara

City of Brimbank

City of Casey

City of Darebin

City of Greater Bendigo

City of Greater Dandenong

City of Greater Geelong

City of Frankston

City of Hume

City of Knox

City of Latrobe

City of Maribyrnong

City of Maroondah

City of Melbourne

City of Monash

City of Moonee Valley

City of Moreland

City of Whitehorse

City of Whittlesea

City of Wyndham

City of Yarra

Cardinia Shire

Mornington Peninsula Shire

Nillumbik Shire

Shire of Yarra Ranges

Surf Coast Shire

Department of Education and Early Childhood Development (Vic)

Department of Health (Vic)

Department of Human Services (Vic)

Department of Justice (Vic)

Commission for Children and Young People

Office for the Community Sector

Office of Multicultural Affairs and Citizenship

Office of Youth

WE APPRECIATE THE SUPPORT OF:

ABC 774

Adolescent Violence in the Home Network

Australian Community Support Organisation

AFL Sports Ready

African Communities Foundation Australia

AMES

Anglicare Victoria

ANZ

ANZ Trustees (William Buckland Foundation)

Arbias

Ashburton Pool and Recreation Centre - YMCA

Austin Health

Australian Catholic University Murray to Moonee bicycle team

Australian Drug Foundation

Australian National Council on Drugs

Australian Nurses' Federation

Australian Red Cross

Australian Services Union

Australian Therapeutic Communities Association

Baker's Delight

Ballarat Community Health

Banyule Community Health Service

Banyule and Nilumbik Back-up Partnership

Barr Family Foundation

Barwon Youth

Barwon Health

Bayside Community Health Service

Bendigo and District Aboriginal Cooperative

Bendigo Community Health Services

Bendigo Health

Bendigo Safer Community Forum

Bendigo Senior Secondary College

Berry Street

Bethany

Bouverie Centre

Boroondara Community Health

BRIT

Brooker Consulting

Brophy Family and Youth Services

Brotherhood of St. Laurence

Brumby's Bakery

Bunnings Eltham

By Kids 4 Kids team

Frankston

Camcare

Caraniche

Carer Respite Centre

CatholicCare

Centre for Adolescent Health

Centre for Contemporary Photography

Centrelink

Centre for Multicultural Youth

Children's Court of Victoria

Children's Protection Society

Chisholm Institute

CoHealth

Colac Area Health

Coles Supermarkets

Collingwood College

Collingwood Community School

Collingwood Child & Youth Partnership

Collingwood Football Club & Foundation

Collison Cave Davis

Communities that Care - Mornington Peninsula

Complex Care Network

Community Health Outreach Program Eastern Region

Concern Australia

Connect Central

Connections Uniting Care

CRS Australia

Craig Community Health Centre

Darebin Community Health

Djerriwarrh Youth Connections

Dr Chia

Dr Dale Julian

Dr Kersten Wrobel

Dr Nic Bradshaw

Dual Diagnosis Portfolio Holders Group

Dynamic Gift

Eastcare

Eastern Access Community Health

Eastern Drug and Alcohol Service

Eastern Health

Eating Disorders Victoria

Eltham Leisure Centre

Epworth Health

Ermha

EthicalJobs.com.au

Evolve

Family Eclipse Program

Family Options

Family Violence Prevention Working Group

Fitzroy High School

Fitzroy Legal Service

Flemington Kensington Community Legal Centre

Flora and Frank Leith Charitable Fund

Foodbank Victoria

Footpath Library

Foundation for Alcohol Research and Education

Front Yard

Frankston Arts Centre

Frankston Charitable Fund

Frankston - Mornington Peninsula LLEN

Frankston Mornington Peninsula Youth Well-Being Stakeholder Advisory Group

Full on Theatre

Fusion Emergency

Accommodation

Gandel Philanthropy

Gateway Music Program

Gateway Community Health Service

General Electric

Genesis Fitness Club - Dandenong
 Geelong Youth AOD Outreach Network
 Gippsland Alcohol and Drug Service Providers Association
 Gippsland & East Gippsland Aboriginal Co-operative
 Good Cycles
 Good Shepherd Youth and Family Services
 Glastonbury Community Services
 Glenn Bakker
 Green Scribble
 Gregory Momsen
 Groupwork Institute of Australia
 Grosvenor Foundation
 Hand Brake Turn
 Hanover Welfare Services
 Hamilton Mental Health Services
 Hartwell Pharmacy
 Hawthorn Pharmore Pharmacy
 Headspace National Youth Mental Health Foundation
 Health Works
 Healthscope
 H & L Hecht Trust
 Homeground
 Hope Street Youth Refuge
 Hoyts Forest Hill
 In Sync Surveys
 Inner City Regional Youth Affairs Network
 Inner South Community Health Service
 Inner Eastern Local Learning & Employment Network
 Inner Northern Local Learning & Employment Network
 Innerspace
 Intensive Case Management Service
 Jesuit Social Services
 Jobco
 Kardinia Health
 Kensington Community School
 Kids Under Cover
 Kildonan Youth and Family Services
 K&L Gates
 Kmart - Victoria Gardens
 KPMG
 Koori Youth Support Services
 K.Y.M.
 La Trobe University
 Lake Tyers Health and Children's Services
 Latrobe Community Health Service
 Latrobe Youth Network
 Leaders of Tomorrow Careers Training Inc
 LINK Employment and Training
 Lionel Hall Community School
 Lion's Club Boroondara Central
 Lion's Club Boroondara-Gardiners Creek
 Living Music
 LongGully Neighborhood Centre
 Lullabelles
 Lygon Chiropractic
 Magistrates Court
 » Frankston
 » Geelong
 » Morwell
 Malmsbury Youth Justice Centre
 Maribyrnong and Moonee Valley Local Learning and Employment Network
 MAYSAR
 MacKillop Family Services
 Medicare Locals
 » Bayside
 » Eastern Melbourne
 » Gippsland
 » Inner East Melbourne
 » Inner North West Melbourne
 » South Eastern Melbourne
 » South Western Melbourne
 » Frankston Mornington Peninsula
 Melbourne City Mission
 Melbourne Division of General Practice
 Melbourne General Practice Network
 Melbourne Health
 Melbourne Pathology
 Melton Youth Advisory Committee
 Mental Illness Fellowship
 Metro Trains
 MIND Australia
 Mission Australia
 Monash Health
 Monash Link Community Health Service
 Monash Medical Centre
 Monash University
 Monash Youth and Family Services
 Mornington Peninsula Youth Enterprises
 Murray Mallee General Practice Network
 National Alcohol & Drug Research Centre
 National Centre for Education on Training and Addiction
 NEAMI
 Neighbourhood Justice Centre
 Newton and Leung Pharmacy
 Newsboys Foundation
 Njernda Aboriginal Corporation
 NMIT
 Ngwala Willumbong Co-operative
 North Richmond Community Health
 North West Youth Services Network
 North Eltham Medical Centre
 Northern NEXUS Dual Diagnosis Service
 Oakwood School
 Odyssey House Victoria
 Officeworks
 Orygen Youth Health
 Outdoors Inc.
 Ovens & King Community Health Service
 Parkville College
 Peninsula Health
 Peninsula Youth and Family Services
 Peninsula General Practice Network
 Peninsula Support Service
 Pennington Institute
 Perpetual Foundation
 Phillipa's Bakery
 Primary Care Connect
 Primary Care Partnerships
 » Central West Gippsland
 » Inner East
 » Inner North West
 Prof. Greg Whelan
 Projects of Imagination
 Pulse Pharmacy
 R E Ross Trust
 ReLink
 ReGen Uniting Care
 Resourcing Health & Education in the Sex Industry
 Rob Stary Lawyers Sunshine
 RocknRoll Brat
 Rotary Club - Eltham
 Rotary Club - Hastings
 Royal Australian & New Zealand College of Psychiatrists
 Royal Children's Hospital
 Royal District Nursing Service
 Royal Women's Hospital
 Safe Schools Coalition Victoria
 Salvation Army
 Save the Children Australia
 School Focused Youth Services - Boroondara
 School Focused Youth Services Advisory Groups - Frankston and Mornington Peninsula
 School Focused Youth Services - Manningham
 Shadows Boxing Gym
 Skills Plus
 SMART Justice for Young People
 South East Local Learning and Employment Network
 South Eastern Region Migrant Resource Centre
 Southern Health
 Southern Directions Youth Services
 Spectrum Migrant Resource Centre
 Springvale Community Aid and Advice Bureau
 Springvale Monash Community Legal service
 St Kilda Gatehouse
 St Kilda Youth Services
 St Luke's Anglicare
 St Vincent's Hospital Melbourne
 Stralliance
 Streat
 Sunraysia Community Health Service
 Sunshine Community Legal Centre
 Tabor House - Uniting Care
 Taskforce
 Time for Youth
 The Age
 The Dandenong Journal
 The Ian Potter Foundation
 The Jack Brokoff Foundation
 The Island Community School
 The Melbourne Clinic
 The New Hope Foundation
 The Pavilion School
 The United Pacifica Council of Victoria
 Thompson's Pharmacy
 Tin Mouse Marketing
 Triple J
 Turning Point Alcohol & Drug Centre
 University of Melbourne - Youth Research Centre
 University of NSW
 Victorian Aboriginal Child Care Agency
 Victorian Aboriginal Community Controlled Health Organisation
 Victorian Employers' Chamber of Commerce and Industry
 VicHealth
 VICSERV
 Victorian Aboriginal Health Service
 Victorian Alcohol and Drug Association
 Victorian Council of Social Services
 Victoria Legal Aid
 Victoria Police
 Volunteering Victoria
 Wathurwong
 WAYSS
 WCIG Employment Services
 Wellington Youth Network
 Western Health
 Western Region Alcohol & Drug Centre
 Western Suburbs Indigenous Gathering Place Association
 Westgate Community Initiatives Group
 Wesley Mission
 Windana
 Whitelion & Open Family
 Whittlesea Youth Commitment
 Wombat Housing
 Woolworths Supermarket
 Wyndham Community and Education Centre
 Yarra Aboriginal Service Network
 Yarra Boroondara Primary Mental Health Service
 Yarra Drug and Health Forum
 Yarra Education Youth Commitment
 Yarra Transitional Housing Service
 Yarra Youth Providers Forum
 Yea High School
 YMCA
 Youth Affairs Council of Victoria
 Youth Connections
 Youth Junction
 YouthNow
 YouthLaw
 Youth Partnerships
 Youth Projects



Independent auditor's report to the members of YSAS Pty Ltd

Report on the financial report

We have audited the accompanying financial report of YSAS Pty Ltd (the Company), which comprises the statements of financial position as at 30 June 2014, and statements of profit or loss and other comprehensive income, statements of changes in equity and statements of cash flows for the year ended on that date, notes 1 to 18 comprising a summary of significant accounting policies and other explanatory information and the directors' declaration of the Company and the Group comprising the company and the entities it controlled at the year's end or from time to time during the financial year.

Directors' responsibility for the financial report

The directors of the Company are responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards – Reduced Disclosure Requirements and the *Corporations Act 2001* and for such internal control as the directors determine is necessary to enable the preparation of the financial report that is free from material misstatement whether due to fraud or error.

Auditor's responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation of the financial report that gives a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the directors, as well as evaluating the overall presentation of the financial report.

We performed the procedures to assess whether in all material respects the financial report presents fairly, in accordance with the *Corporations Act 2001* and Australian Accounting Standards – Reduced Disclosure Requirements, a true and fair view which is consistent with our understanding of the Company's and the Group's financial position and of their performance.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

In conducting our audit, we have complied with the independence requirements of the *Corporations Act 2001*.

Auditor's opinion

In our opinion the financial report of YSAS Pty Ltd is in accordance with the *Corporations Act 2001*, including:

- (a) giving a true and fair view of the Company's and the Group's financial position as at 30 June 2014 and of their performance for the year ended on that date; and
- (b) complying with Australian Accounting Standards – Reduced Disclosure Requirements and the Corporations Regulations 2001.

KPMG

Darren Scammell
Partner

Melbourne

21 October 2014

FINANCIALS

Research, education, advocacy
and practice

2%

Marketing and fundraising

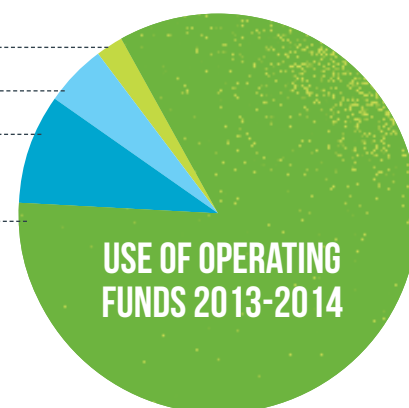
5%

Corporate support services

9%

Service delivery

84%



CONSOLIDATED STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME

For the year ended 30 June 2014

	2014 Group \$	2014 Company \$	2013 Group \$	2013 Company \$
Revenue and other income	23,358,131	24,033,821	19,188,580	18,516,807
Employee benefits expense	(15,317,263)	(15,259,531)	(13,101,358)	(13,080,874)
Motor vehicle expense	(522,684)	(522,684)	(495,753)	(495,753)
Property expense	(1,360,616)	(1,360,090)	(1,220,498)	(1,218,739)
Service delivery expense	(3,801,830)	(3,778,817)	(1,495,971)	(1,425,539)
Depreciation and amortisation expense	(1,267,502)	(1,267,502)	(816,996)	(816,996)
Other expenses	(1,509,914)	(1,507,644)	(1,325,123)	(803,699)
Finance costs	(31,698)	(31,698)	(1,198)	(1,198)
Profit / (loss) before income tax expense	(453,376)	305,855	731,683	674,009
Income tax expense	-	-	-	-
Profit / (loss) for the year attributable to members of the company	(453,376)	305,855	731,683	674,009
Other comprehensive income for the year, net of tax				
Total comprehensive income / (loss) attributable to members of the company	(453,376)	305,855	731,683	674,009
Profit / (loss) for the year attributable to operating	5,025	764,256	76,468	18,794
Profit / (loss) for the year attributable to capital	(458,401)	(458,401)	655,215	655,215
Total comprehensive income / (loss) attributable to members of the company	(453,376)	305,855	731,683	674,009

CONSOLIDATED STATEMENT OF FINANCIAL POSITION

At at 30 June 2014

	2014 Group \$	2014 Company \$	2013 Group \$	2013 Company \$
Current assets				
Cash and cash equivalents	5,067,194	5,067,194	4,379,980	3,529,951
Trade and other receivables	918,776	918,776	695,391	688,517
Other current assets	270,091	270,091	231,213	230,713
Total current assets	6,256,061	6,256,061	5,306,584	4,449,181
Non-current assets				
Property, plant, equipment and intangibles	2,233,309	2,233,309	2,742,145	2,742,145
Total non-current assets	2,233,309	2,233,309	2,742,145	2,742,145
Total assets	8,489,370	8,489,370	8,048,729	7,191,327
Current liabilities				
Trade and other payables	1,802,794	1,802,794	1,607,786	1,579,964
Short-term provisions	971,968	971,968	863,677	862,393
Other current liabilities	1,876,474	1,876,474	1,521,547	1,452,482
Total current liabilities	4,651,236	4,651,236	3,993,010	3,894,839
Non-current liabilities				
Long-term provisions	801,733	801,733	565,942	565,942
Total non-current liabilities	801,733	801,733	565,942	565,942
Total liabilities	5,452,969	5,452,969	4,558,952	4,460,781
Net assets	3,036,401	3,036,401	3,489,777	2,730,546
Equity				
Issued Capital	4	4	4	4
Other contributed equity	168,912	-	168,912	-
Retained earnings	2,867,485	3,036,397	3,320,861	2,730,542
Total equity	3,036,401	3,036,401	3,489,777	2,730,546



WAYS & MEANS

GETTING HELP

Visit www.yodaa.org.au or phone YoDAA on **1800 458 685 (toll free)**. YoDAA is Victoria's Youth Drug and Alcohol Advice Service. Whether you are a young person, a youth worker or someone concerned, YoDAA provides the simplest way to access the information and support you need.



RIDE THE NIGHT

Round up your mates and get involved in Australia's first ever mass participation night-time bike event. A partnership between YSAS and Bicycle Network, the inaugural Ride the Night will take 2800+ riders through the best locations in Melbourne throughout the night on January 31, starting on St Kilda Rd at midnight and finishing at Albert Park at dawn.

Even better, Ride the Night is a fundraiser for YSAS, with riders helping "break the cycle of youth addiction." For more information, visit www.ridethenight.org.au



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DINE WITH US

Come and experience great coffee and fantastic fresh home made food at Ways + Means Café at 18 Little Lonsdale St, Melbourne VIC. Call (03) 9639 8777 email hello@waysandmeans.org.au or visit www.waysandmeans.org.au



SUPPORT FEBFAST

Join FebFast, YSAS's marquee fundraising event that's the perfect excuse to enjoy 28 days of good health at the start of the year and raise funds for youth drug addiction. In 2015, you have the choice to take a break from alcohol, sugar, junk food, smoking or social media. Sign up today and improve your health happiness at febfast.org.au or [f @febfastaustralia](https://www.facebook.com/febfastaustralia)

DONATE TO YSAS

Help change a young person's life. Give us a call to talk about our programs and how to donate or simply donate over the phone (03) 9415 8881, by email donations@ysas.org.au, online at www.ysas.org.au or through the post. Donations over \$2.00 are tax deductible.

CORPORATE VOLUNTEERING – DONATE YOUR TIME & EXPERTISE

Collaborative effort maximises the impact of finite resources, so YSAS welcomes your corporate support. Find out how you or your organisation can support our work through volunteering time and expertise - call (03) 9415 8881, email donations@ysas.org.au or contact us through our website www.ysas.org.au

CHECK OUT OUR FACEBOOK

We share the great work we're doing with you (employees, community partners and friends of YSAS). Watch out for special events, launches and new programs. Not yet one of our 'friends'? [f facebook.com/ysasyouthhealth](https://www.facebook.com/ysasyouthhealth) and follow us on [t @ paulbirdysas](https://twitter.com/paulbirdysas)

